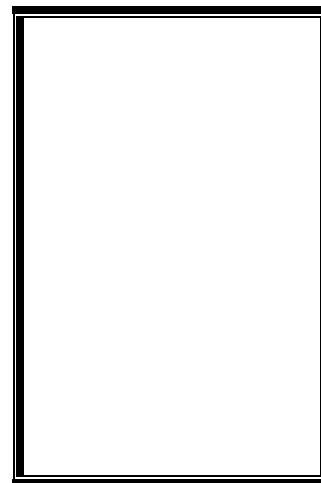




Name: Ayat Abdullah
Mahmmud Zawateieh
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Scientific Field: Human
Nutrition and Dietetics
Academic Rank:
Assistant Professor



QUALIFICATIONS:

1.	Phd in Human Nutrition and Dietetics/ University of Jordan/ 2021
2.	Msc in Human Nutrition and Dietetics/ University of Jordan/ 2016
3.	Bsc in Clinical Nutrition and Dietetics/ Hashemite University/ 2013

PROFESSIONAL OBJECTIVE(S):

Through my work as a Doctor in Nutrition and Dietetics, I strive to contribute to the advancement of university education, scientific research, and community service. I aim to provide high-quality academic instruction that keeps pace with the latest scientific developments in the field of nutrition, design interactive courses that enhance students' critical thinking and practical skills, supervise graduation projects and research activities, and offer academic and professional support to students.

I also aim to conduct applied scientific research in the areas of clinical nutrition, nutritional assessment, obesity, and chronic diseases, as well as to develop dietary assessment tools that reflect the local community's eating habits. In addition, I seek to publish research in peer-reviewed journals and strengthen research collaboration with health and research institutions.

At the community level, I am committed to promoting nutritional and health awareness through workshops and educational initiatives, and to collaborating with relevant organizations to improve the nutritional and health status of various population groups.

Moreover, I continuously work on developing my professional and academic skills by participating in scientific conferences and training programs, integrating modern technologies in teaching and training, and contributing to quality assurance and accreditation committees within the university—thereby supporting the college's and university's vision of excellence and innovation.



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TEACHING EXPERIENCE:

#	Job title	Place	Period
1.	Assistant Professor in Human Nutrition and Dietetics	A'Sharqiyah University, Oman	2023-2025

PUBLICATIONS:

#	Title	Publisher	Year/issue/volume no.
1.	Differences in food consumption frequencies and perceived lifestyle behaviors by accommodation environment and gender among Omani university students: A pilot study.	<i>Current Research in Nutrition and Food Science Journal</i>	2025
2.	The effectiveness of counseling program based on logotherapy to improve self-image among a sample of obese university students in the Sultanate of Oman.	<i>Journal of Scientific Research in Education</i>	2025
3.	Current prospects of metabolically healthy obesity	<i>Obesity Medicine</i>	2021

PERSONAL INFORMATION:

Place and Date of Birth		Madaba/ 16-08-1991
Nationality		Jordanian
Marital Status		Single
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	Mobile	
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