



Zarqa University-Jordan

Curriculum Vitae



Name: Ala'a Al-yyan
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Academic Rank: Assistant Professor

Membership:

1	The Jordanian Nurses & Midwives Council (JNMC)
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Qualifications:

1	Doctor of Philosophy in Nursing (PhD)
2	Masters in Critical care
3	Bachelor of Science in Nursing

Professional Objective(s):

Teaching Experience:

#	From	To	Institution
1	2016	2024	Specialty Hospital



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Publications:

#	Title	Publisher	Year/ Issue (Vol/No)
1	Al-yyan AA, ELayan AA, Saleh M. The Effectiveness of Using Progressive Muscle Relaxation Techniques on Quality of Life, Stress, And Anxiety Among Acute Myocardial Infarction: A Systematic Review. OBM Neurobiology 2024; 8(2): 226; doi:10.21926/obm.neurobiol.2402226		

Personal Information:

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