

**Yousef Shukry Mohammad Abu-Wardeh**

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[YWARDEH1981@GMAIL.COM](mailto:YWARDEH1981@GMAIL.COM)

(Ph.D., M.Sc., RN Acute and Critical Care Nursing)

**Academic Rank: Assistant Professor**

**Membership:**

|   |                                                                |
|---|----------------------------------------------------------------|
| 1 | Member of Jordan Nurses and Midwives Council 2004-2024         |
| 2 | Member of Saudi Commission for Health Specialization 2008-2024 |

**Qualifications:**

|   |                                                                                |      |                                  |           |
|---|--------------------------------------------------------------------------------|------|----------------------------------|-----------|
| 1 | Doctor of Philosophy (Ph.D.)<br>(Acute and critical care)                      | 2024 | University Science<br>Malaysia   | Excellent |
| 2 | Master's Degree (M.Sc.) in<br>Clinical care Nursing<br>(Critical Care Nursing) | 2008 | University of Jordan             | Very Good |
| 3 | Bachelor's degree<br>(Registered nurse)                                        | 2004 | Mu'tah University                | Very Good |
| 4 | Higher Secondary School<br>(Scientific branch)                                 | 1999 | Secondary<br>Governmental school | Very Good |

**Professional Objective(s):**

As a Ph.D.-prepared critical care nursing specialist, I aim to integrate my advanced clinical expertise, research, and leadership skills to improve patient outcomes in high-acuity settings. I am committed to applying evidence-based practice, advancing critical care nursing education, and contributing to innovative research that enhances the quality of care in critical and emergency situations. I aim to collaborate with multidisciplinary teams to implement strategies that ensure the highest patient safety standards and professional excellence in healthcare environments."



## Teaching Experience:

| # | Position                                                                            | period                 | Organization                                           |
|---|-------------------------------------------------------------------------------------|------------------------|--------------------------------------------------------|
| 1 | Clinical Instructor \ part-time                                                     | 2007-2008              | University of Jordan – Nursing Faculty                 |
| 2 | Head of the nursing department                                                      | 2008-2009              | International academy for health science– Saudi Arabia |
| 3 | Head of Emergency Medical Technician Department (EMT)                               | 2010-2013              | University of Hail – Saudi Arabia                      |
| 4 | Head of operation room Technicians department (ORT) from 1\9\2011 to 1\9\2014 until | 2010-2014              | University of Hail – Saudi Arabia                      |
| 5 | Lecturer in Nursing faculty                                                         | 2009-2019              | University of Hail – Saudi Arabia                      |
| 6 | Head of the Continuing Education Department                                         | 2019-2021              | Amman Hospital                                         |
| 7 | Head of the Continuing Education Department                                         | Jan (2022)- Oct (2024) | Ministry of Health (Prince Faisal Hospital)            |
| 8 | Assistant Professor                                                                 | 2024 – until now       | Zarqa University                                       |

## Teaching Courses

- Critical Care (theory)
- Critical care (Practice)
- First Aid (theory)
- Basic Life Support and Advanced Cardiac Life Support
- Epidemiology (Theory)
- Research for Nursing (theory)

**Professional Experience**

| # | Position            | period                        | Organization                                        |
|---|---------------------|-------------------------------|-----------------------------------------------------|
| 1 | Charge nurse (ICCU) | 2005-2008                     | Ministry of Health<br>(Dr. Jameel Totanji Hospital) |
| 2 | Charge nurse (ICCU) | June (2019) –<br>April (2020) | Amman Hospital                                      |
| 3 | Charge Nurse (ICCU) | Sep (2021)- Jan<br>(2022)     | Ministry of Health<br>(Prince Faisal Hospital) )    |

**Publications:**

|   |                                                                                                                                                                                                                                                                                                                                  |
|---|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | Wardeh, Y. S. A., Al-Saqri, S., Al-Theban, A., & Abuwardeh, M. (2016). Violence Against Nurses' in Critical Units at Governmental Hospitals in Jordan. <i>J Health Med Nurs</i> , 32, 2422-8419.                                                                                                                                 |
| 2 | Wardeh, Y. S. A., Al-Saqri, S., & AL-Nasr, T. (2016). The Most Significant Modifiable and Non-Modifiable Factors Associated among Patients Whom Previously Diagnosed with Prediabetes and Developed to Type Two Diabetes Mellitus Attending to Endocrine Clinic in all Hail Governmental Hospitals.                              |
| 3 | Abuwardeh, M., Al-Nabolsi, M., Khader, Y., Jbara, M. A., Abuwardeh, Y., & Ajlouni, K. THE ASSOCIATION BETWEEN CIGARETTE AND WATERPIPE SMOKING WITH GLYCEMIC CONTROL AMONG PATIENTS WITH T2DM ATTENDING AT THE National Center for Diabetes, Endocrinology and Genetics NCDEG.                                                    |
| 4 | Al-Saqri, S., Wardeh, Y. S. A., & Balawi, A. (2018). Nursing field teaching staff perception toward using objective structured clinical evaluation to evaluate nurse's students. <i>Int J Adv Appl Sci</i> , 5(5), 71-8.                                                                                                         |
| 5 | Abu-Wardeh, Y., Ahmad, W. M. A. W., Hamzah, M. S. S. C., Najjar, Y. W., & Hassan, I. I. (2024). Enriching nursing knowledge and practice in Jordanian government hospitals through basic life support simulation training: A randomized controlled trial. <i>Belitung Nursing Journal</i> , 10(3).                               |
| 6 | Abu-Wardeh Y, Ahmad WMAW, Hamzah MSSC, Hussain NHN, and Hassan II (2024). Evaluation of the impact of an integrated simulation model in basic life support training on knowledge and practice: A randomized control trial in Jordanian hospitals. <i>International Journal of Advanced and Applied Sciences</i> , 11(8): 135-145 |

**Conferences:**

| # | Paper Title | Organizing Institution                                    | Conference                                                         |
|---|-------------|-----------------------------------------------------------|--------------------------------------------------------------------|
| 1 | Attendance  | Jordan Society of Cardiac Surgeons                        | The 14th International Conference of Jordan Cardiac Society (2021) |
| 2 | Attendance  | Middle East and North Africa Stroke Organization (MENASO) | MENASO Master Class of Stroke Management (2024)                    |

## Community Service Activities

| # | Topic                                 | Location                    | Duration      | Target People                                        | # of Classes |
|---|---------------------------------------|-----------------------------|---------------|------------------------------------------------------|--------------|
| 1 | Pre-Post Cardiac Catheterization care | Amman Hospital              | 2 days        | 40 Nurses                                            | 1            |
| 2 | DKA Management                        | Prince Faisal Hospital      | 2022 (2 Days) | 70 Nurse & 20 General Doctor                         | 2            |
| 3 | Coronary Artery Management            | Prince Faisal Hospital      | 2022 (1 day)  | 35 registered Nurses                                 | 1            |
| 4 | ECG Interpretation                    | Prince Faisal Hospital      | 2022 (2 days) | 150 nurses and 20 Doctors from different specialties | 5            |
| 5 | Basic Life Support                    | AL-Zarqa Hospital           | 2022          | 50 Nurses                                            | 1            |
|   |                                       | Health Directorate of Zarqa | 2022          | Dentist Doctor                                       | 1            |
|   |                                       | Amman Hospital              | 2022          | 50 Nurses, 12 Nutritionist and 4 Pharmacist          | 2            |
| 6 | Hospital Emergency Code               | Prince Faisal Hospital      | 2022          | 150 (all Health Care Providers were included)        | 3            |

**Training**

| Training programs |                                                                |               |                                                                                                         |
|-------------------|----------------------------------------------------------------|---------------|---------------------------------------------------------------------------------------------------------|
| السنة             | المكان                                                         | عدد الساعات   | اسم الدورة                                                                                              |
| Sep/2024          | AHA-JORDAN -Ministry of Health                                 | 12            | Advanced Cardiac Life Support (ACLS)                                                                    |
| Aug/2024          | AHA- JORDAN -Ministry of Health                                | 6             | Basic Life Support (BLS)                                                                                |
| May/2024          | جامعة العلوم الماليزية                                         | 6             | Statistical Analysis                                                                                    |
| May/2024          | جامعة العلوم الماليزية                                         | 6             | Narrative Review                                                                                        |
| May/2024          | جامعة العلوم الماليزية                                         | 6             | Viva: Do's and Don'ts                                                                                   |
| May/2024          | جامعة العلوم الماليزية                                         | 6             | Crafting Research Framework- Variable and Hypothesis                                                    |
| May/2024          | جامعة العلوم الماليزية                                         | 6             |                                                                                                         |
| April/2024        | جامعة العلوم الماليزية                                         | 6             | How to Choose the Right Journal for Publication                                                         |
| July/2023         | جامعة العلوم الماليزية                                         | 18            | Systemic Review for Beginner                                                                            |
| JAN-OCT/2022      | اكاديمية النداء الصحي بالتعاون مع الجامعة الأردنية (دبلوم فني) | 600           | Respiratory therapist                                                                                   |
| 2022              | جامعة العلوم الماليزية                                         | 2             | Mendeley citation<br>توثيق المقالات العلمية باستخدام برنامج                                             |
| 2022              | جامعة العلوم الماليزية                                         | 2             | Google Scholar                                                                                          |
| 2022              | جامعة العلوم الماليزية                                         | 2             | Publication strategies<br>مهارات نشر الأبحاث العلمية                                                    |
| 2022              | جامعة العلوم الماليزية                                         | 2             | Searching strategies                                                                                    |
| 2022              | جامعة العلوم الماليزية                                         | 2             | Thesis format temple<br>تجهيز هيكل الاطروحة                                                             |
| 2022              | عمان- أكاديمية بلي                                             | 36            | Disaster Management                                                                                     |
| 2022              | عمان- أكاديمية بلي                                             | 36            | Total Quality Management                                                                                |
| 2022              | عمان- أكاديمية بلي                                             | 36            | Trainer of trainee                                                                                      |
| 2021              | نقابة التمريض                                                  | 36            | Wound care<br>العناية بالجروح                                                                           |
| 2020              | مستشفى عمان الجراحي – الاردن                                   | 8             | Pediatric advanced life support provider (PALS)<br>السبل المتقدمه لرعاية القلب المتقدمة للأطفال         |
| 2019              | شركة سهام باغفار الطبية (Braun UK company)                     | 12<br>One day | Hemodialysis Machine<br>الغسيل الكلوي                                                                   |
| 2018              | شركة مبدعون الطبية –السعودية                                   | 8             | Simulation of advanced cardiac case and vital signs<br>محاكاة الحالات القلبية المتقدمة والوظائف الحيوية |
| 2016              | جامعة حائل –السعودية                                           | 16<br>2 days  | Statistical analysis using spss<br>التحليل الاحصائي باستخدام SPSS                                       |
| 2016              | جامعة حائل –السعودية                                           | 16<br>2 days  | Scientific writing research skills<br>مهارات كتابة البحوث العلمية                                       |
| 2016              | جامعة حائل –السعودية                                           | 16<br>2 days  | Scientific publication<br>النشر الدولي للبحوث العلمية                                                   |
| 2015              | وزارة الصحة السعودية                                           | 3             | Wound care<br>العناية بالجروح                                                                           |

|      |                                              |              |                                                                                                                    |
|------|----------------------------------------------|--------------|--------------------------------------------------------------------------------------------------------------------|
| 2015 | وزارة الصحة السعودية                         | 5            | Tissue viability care<br>العناية بالانسجة                                                                          |
| 2015 | وزارة الصحة السعودية                         | 11           | Preceptor preparation<br>إعداد مدربين تمريضيين                                                                     |
| 2015 | شركة الليان الطبية<br>(Fresenius company)    | 8<br>One day | Peritoneal dialysis system<br>الغسيل الصفاقي                                                                       |
| 2015 | وزارة الصحة السعودية                         | 11           | Legal ethics practice in nursing<br>أخلاقيات مهنية التمريض                                                         |
| 2015 | مؤسسة الصالحية الطبية<br>(DEVILBISS company) | 8<br>One day | Home CPAP<br>جهاز التنفس المنزلي (CPAP)                                                                            |
| 2015 | وزارة الصحة السعودية                         | 6            | Health care of older adult<br>العناية التمريضية لكبار السن                                                         |
| 2015 | مؤسسة الصالحية الطبية<br>(COVIDIEN company)  | 8<br>One day | Handling with ventilators<br>جها التنفس الاصطناعي                                                                  |
| 2015 | وزارة الصحة السعودية                         | 6            | Handling with hyperactive child<br>التعامل مع الاطفال كثيري الحركة                                                 |
| 2015 | مؤسسة الصالحية الطبية<br>(NUOVA company)     | 4            | Handling with Blood transfusion<br>warmer<br>التعامل مع جهاز تدفئة الدم                                            |
| 2015 | مؤسسة الصالحية الطبية<br>(DEVILBISS company) | 8<br>One day | Handling with ABGS machine<br>analyzer and ABGS interpretation<br>التعامل مع جهاز تحليل غازات الدم وتحليلي نتائجها |
| 2015 | وزارة الصحة السعودية                         | 18           | Emergency nursing workshop<br>العناية التمريضية للحالات الطارئة                                                    |
| 2015 | وزارة الصحة السعودية                         | 6            | Clinical instructor<br>المعلم التمريضي                                                                             |
| 2015 | وزارة الصحة السعودية                         | 7            | Care of dying<br>العناية بالمتوفين                                                                                 |
| 2008 | الأكاديمية الدولية للعلوم الصحية -السعودية   | 4            | مهارات المدرس الناجح                                                                                               |
| 2008 | الأكاديمية الدولية للعلوم الصحية -السعودية   | 4            | مهارات الاتصال الشخصي                                                                                              |
| 2008 | الأكاديمية الدولية للعلوم الصحية -السعودية   | 4            | القياس والتقويم التربوي                                                                                            |
| 2008 | الأكاديمية الدولية للعلوم الصحية -السعودية   | 4            | أساسيات الحاسب الآلي                                                                                               |
| 2008 | الأكاديمية الدولية للعلوم الصحية -السعودية   | 4            | POWER point presentation                                                                                           |



## Personal Information

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|-------------------------|--------------------------|--------------|--|
| Name                    | Yousef Shukry Abu-Wardeh |              |  |
| Place and Date of Birth | 29/6/1981                | Saudi Arabia |  |
| Nationality             | Jordanian                |              |  |
| Marital Status          | Married                  |              |  |
| Address                 | Jordan                   | Zarqa        |  |
| Work Tel No.            | 00962785170407           |              |  |
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