

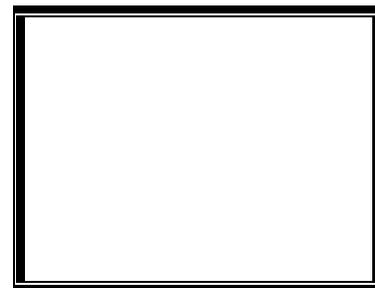


**Name:** Dalia Abu Al-Haija'a

**E-Mail:** [dabualhaijaa@zu.edu.jo](mailto:dabualhaijaa@zu.edu.jo)

**Scientific Field:** Clinical Nutrition

**Academic Rank:** Assistant Professor



### QUALIFICATIONS:

1.	PhD – Human Nutrition and Dietetics (2019-2023)
2.	MSc – Human Nutrition and Dietetics (2011-2015)
3.	BSc Pharmacy (2001 – 2006)

### PROFESSIONAL OBJECTIVE(S):

To contribute to the advancement of nutritional science and diet therapy through innovative teaching, impactful research, and student mentorship. Aspiring to create a dynamic learning environment that fosters evidence-based dietary interventions, promotes community health, and prepares students to excel as professionals in clinical nutrition and dietetics.

### TEACHING EXPERIENCE:

#	Job title	Place	Period
1.	Assistant Professor	Al Zarqa University- Faculty of Allied Medical Science- Al Zarqa- Jordan	February 2024- Present
2.	Assistant Professor	Jordan University of Science and Technology - Faculty of Agriculture-, Irbid - Jordan	Part time July 2023 – September2023
3.	Part time Lecturer	Applied Science Private University - Faculty of Pharmacy -, Amman - Jordan	Feb 2022 - Jun 2022 Department



4.	Full time Lecturer	Arab University College of Technology (Arab Community College) Pharmacy Department	Oct 2016 - Aug 2017
5.	Pharmacist	Community Pharmacies	2006-2024

### PUBLICATIONS:

#	Title	Publisher	Year/issue/volume no.
1.	Circulating irisin and its connection with indices of body composition in aerobic and anaerobic endurance professional athletes: A case-control study: Circulating irisin in aerobic and anaerobic endurance professional athletes.	Health, sport, rehabilitation	2024, 1, 10
2.	Circulating IRISIN and visceral adiposity index as predictors of cardiometabolic syndrome in normal weight, obese, and obese with type 2 diabetes mellitus Jordanian adults.	Clinical Nutrition ESPEN	October 2024, 63:1116-1117

### PERSONAL INFORMATION:

Place and Date of Birth		Irbid /28 <sup>th</sup> July 1983
Nationality		Jordanian
Marital Status		Single
Address		Amman _ Jordan
Telephone No.	Work	7442
	Mobile	0796321512



Postal Address

