



**Name: Sami Ahmed Abdo Zaher**

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**Academic Rank: Assistant Professor**

**Membership:**

1	<b>Egyptian General Syndicate of Physiotherapy</b>
2	<b>Egyptian General Syndicate of Physiotherapy and Nutrition</b>

**Qualifications:**

1.	<b>Doctoral degree (PhD), Department of geriatric and cardiopulmonary, Faculty Physical Therapy, Cairo University, Egypt, 2021.</b>
2.	<b>Master degree (M.Sc.), Department of geriatric and cardiopulmonary, Faculty Physical Therapy, Cairo University, Egypt, 2012.</b>
3.	<b>Bachelor degree (B.A.) of Physical Therapy (good), Cairo University, Egypt, 2005.</b>
4.	<b>Higher Diploma in Nutrition for patients with obesity and thinness, and nutrition for athletes, National Institute Of Nutrition, Cairo, Egypt, 2017.</b>
5.	<b>Higher Diploma in Nutrition, weight management and sport nutrition. National Institute Of Nutrition, Cairo, Egypt, 2018.</b>
6.	<b>Higher Diploma in Hospital Management, Zagazige University, Egypt, 2023.</b>
7.	<b>Higher Diploma in Nutrition, Shaw Academy, England, 2016.</b>



## Teaching Experience:

1.	Lecturer of physiotherapy	2023-NOW	Assistant Professor/ Zarqa University/ Al-Zarqa/ Jordan
2.	Head manager of Physical Therapy and Nutrition Departments	2017-2023	Mit-Ghamer Central Health Management/ Physical Therapy and Nutrition Department/ Alexandria/ Egypt
3.	Lecturer of physiotherapy	2021-2023	Assistant Professor/ Pharos University/ Alexandria/ Egypt
4.	Physiotherapy specialist	2014-2023	The Center of Physical Therapy/ Dakahlia/ Egypt
5.	Physiotherapy specialist	2008-2014	El-Rahma Center for Pediatrics and Handicapped/ Egypt
6.	Physiotherapy specialist	2021-2022	Kaser El-Hyah Palace Hospital/ El-Sharkia/ Egypt
7.	Physiotherapy specialist	2020-2021	Miser El-Hyah Hospital/ Al-Mansoura/ Egypt
8.	Physiotherapy specialist	2007-2012	Makka Hospital/ Mit-Ghamer/ Egypt
9.	Physiotherapy specialist	2006-2007	Tiba Hospital/ Mit-Ghamer/ Egypt
10.	Director manager	2014-Now	Al-Fyruz Center (Dr. Sami Zaher Centers and its branches for physiotherapy and nutrition) / Egypt

## Conferences:

#	Conference Title	Organizer	Year
1	The Pre-Conference Workshop, The 4th Annual Conference of Al-Noor and Al-Shefaa Hospital.	Common psychiatric problems at our clinic (ADHD, Autism, Enuresis).	December/ 2021
2	The 7th Annual Conference The Egyptian Arabic Society For Healthy and Therapeutic Nutrition	American Association of Continuing Medical Education	November/ 2019
3	The 6th Annual Conference of Egyptian Nutrition and Health Coaching Association (ENHCA) (nutritional care-current status and future directions)	Egyptian Nutrition and Health Coaching Association (ENHCA)	May/ 2018



4	The 6th Annual Conference The Egyptian Arabic Society For Healthy and Therapeutic Nutrition (Sport Nutrition)	The Egyptian Arabic Society For Healthy and Therapeutic Nutrition	March/ 2018
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**Certificates:**

#	Certificate	DATE
1	Fundamental of Modern Management, Arab Republic of Health, Ministry of Health, Cairo, Egypt.	December, 2021
2	Comprehensive physical therapy intervention for ICU patients with COVID-19, El-Dawali Hospital, Al-Amal center for Prosthetic Devices and Prosthetics.	September, 2021
3	Cupping Therapy, Faculty of Physical Therapy, Cairo University, Egypt.	May, 2019
4	Emergency- First aid, Ahmad Maher teaching hospital, General Organization For Teaching Hospitals and Institutes, Cairo, Egypt.	August, 2005

**Publications:**

#	Publications
1.	Samy Ahmed Abdou Zaher , Nesreen Ghareeb El Nahas, Zahra Mohamed Serry, Mohamed Mehrez Nageeb. Effect of Buteyko Breathing Technique on Exercise Tolerance in Patients Under Renal Haemodialysis: A Randomized Controlled Trial, Fizjoterpia polska, 2020 (20,1).

**Personal Information:**

Name	<b>Sami Ahmed Abdo Zaher</b>
Place and Date of Birth	<b>6 February 1984, Egypt</b>
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