



Name: Sami Ahmed Abdo Zaher

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Academic Rank: Assistant Professor

Membership:

1	Egyptian General Syndicate of Physiotherapy
2	Egyptian General Syndicate of Physiotherapy and Nutrition

Qualifications:

1.	Doctoral degree (PhD), Department of geriatric and cardiopulmonary, Faculty Physical Therapy, Cairo University, Egypt, 2021.
2.	Master degree (M.Sc.), Department of geriatric and cardiopulmonary, Faculty Physical Therapy, Cairo University, Egypt, 2012.
3.	Bachelor degree (B.A.) of Physical Therapy (good), Cairo University, Egypt, 2005.
4.	Higher Diploma in Nutrition for patients with obesity and thinness, and nutrition for athletes, National Institute Of Nutrition, Cairo, Egypt, 2017.
5.	Higher Diploma in Nutrition, weight management and sport nutrition. National Institute Of Nutrition, Cairo, Egypt, 2018.
6.	Higher Diploma in Hospital Management, Zagazige University, Egypt, 2023.
7.	Higher Diploma in Nutrition, Shaw Academy, England, 2016.



Teaching Experience:

1.	Lecturer of physiotherapy	2023-NOW	Assistant Professor/ Zarqa University/ Al-Zarqa/ Jordan
2.	Head manager of Physical Therapy and Nutrition Departments	2017-2023	Mit-Ghamer Central Health Management/ Physical Therapy and Nutrition Department/ Alexandria/ Egypt
3.	Lecturer of physiotherapy	2021-2023	Assistant Professor/ Pharos University/ Alexandria/ Egypt
4.	Physiotherapy specialist	2014-2023	The Center of Physical Therapy/ Dakahlia/ Egypt
5.	Physiotherapy specialist	2008-2014	El-Rahma Center for Pediatrics and Handicapped/ Egypt
6.	Physiotherapy specialist	2021-2022	Kaser El-Hyah Palace Hospital/ El-Sharkia/ Egypt
7.	Physiotherapy specialist	2020-2021	Miser El-Hyah Hospital/ Al-Mansoura/ Egypt
8.	Physiotherapy specialist	2007-2012	Makka Hospital/ Mit-Ghamer/ Egypt
9.	Physiotherapy specialist	2006-2007	Tiba Hospital/ Mit-Ghamer/ Egypt
10.	Director manager	2014-Now	Al-Fyruz Center (Dr. Sami Zaher Centers and its branches for physiotherapy and nutrition) / Egypt

Conferences:

#	Conference Title	Organizer	Year
1	The Pre-Conference Workshop, The 4th Annual Conference of Al-Noor and Al-Shefaa Hospital.	Common psychiatric problems at our clinic (ADHD, Autism, Enuresis).	December/ 2021
2	The 7th Annual Conference The Egyptian Arabic Society For Healthy and Therapeutic Nutrition	American Association of Continuing Medical Education	November/ 2019
3	The 6th Annual Conference of Egyptian Nutrition and Health Coaching Association (ENHCA) (nutritional care-current status and future directions)	Egyptian Nutrition and Health Coaching Association (ENHCA)	May/ 2018



4	The 6th Annual Conference The Egyptian Arabic Society For Healthy and Therapeutic Nutrition (Sport Nutrition)	The Egyptian Arabic Society For Healthy and Therapeutic Nutrition	March/ 2018
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Certificates:

#	Certificate	DATE
1	Fundamental of Modern Management, Arab Republic of Health, Ministry of Health, Cairo, Egypt.	December, 2021
2	Comprehensive physical therapy intervention for ICU patients with COVID-19, El-Dawali Hospital, Al-Amal center for Prosthetic Devices and Prosthetics.	September, 2021
3	Cupping Therapy, Faculty of Physical Therapy, Cairo University, Egypt.	May, 2019
4	Emergency- First aid, Ahmad Maher teaching hospital, General Organization For Teaching Hospitals and Institutes, Cairo, Egypt.	August, 2005

Publications:

#	Publications
1.	Samy Ahmed Abdou Zaher , Nesreen Ghareeb El Nahas, Zahra Mohamed Serry, Mohamed Mehrez Nageeb. Effect of Buteyko Breathing Technique on Exercise Tolerance in Patients Under Renal Haemodialysis: A Randomized Controlled Trial, Fizjoterpia polska, 2020 (20,1).

Personal Information:

Name	Sami Ahmed Abdo Zaher
Place and Date of Birth	6 February 1984, Egypt
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