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التمريض/ التخصص: تمريض الصحة النفسية والعقلية

الرتبة الأكاديمية: استاذ مساعد

العضويات:

1.	مجلس التمريض الأردني: عضو في لجنة البحث العلمي
2.	منظمة سيجما ثيتا تاو: عضو في فرع PSI KAPPA – كلية التمريض – الجامعة الأردنية
3.	مجلس التمريض الأردني (JNC): ممرض اختصاصي متقدم (ANS) في التمريض النفسي والصحة العقلية
4.	مجلس التمريض والقبالات الأردني: ممرض اختصاصي في مجال التمريض النفسي

المؤهلات العلمية:

1.	دكتوراه في التمريض/ الصحة النفسية والعقلية – الجامعة الأردنية (2016–2021)
2.	ماجستير في علم النفس السريري – كلية الآداب والعلوم – جامعة عمان الأهلية (2025)
3.	ماجستير في التمريض/ تمريض الصحة النفسية والعقلية – الجامعة الهاشمية (2013–2015)
4.	بكالوريوس في علوم التمريض – الجامعة الهاشمية (2009–2012)
5.	دبلوم تمريض – كلية الجامعية المتوسطة (2007–2009)

الأهداف المهنية:

تعزيز التميز في تعليم التمريض والبحث والقيادة من خلال دعم الممارسة المبنية على البراهين، وتعزيز الابتكار في مجال الصحة النفسية والصحة الرقمية، والمساهمة في جودة ونمو المؤسسات الأكاديمية في التمريض.

الخبرات التدريسية:

ت	الجامعة/الكلية	المنصب	المدة
1.	جامعة الزرقاء	نائب عميد/ كلية التمريض/ جامعة الزرقاء - الأردن	فبراير 2024 - حتى الآن
2.	جامعة الزرقاء	مساعد عميد للشؤون الجودة/ كلية التمريض/ جامعة الزرقاء - الأردن	يوليو 2023 - فبراير 2024
3.	جامعة الزرقاء	أستاذ مساعد/ كلية التمريض/ جامعة الزرقاء - الأردن	أكتوبر 2021 - يوليو 2023
4.	مستشفى الأمير حمزة	ممرض قانوني في قسم الجراحة	يونيو 2021 - أكتوبر 2021
5.	كلية حطين	محاضر/ عضو هيئة تدريس في قسم المهن الطبية المساندة	فبراير 2021 - سبتمبر 2021
6.	مستشفى الأمير حمزة	ممرض قانوني في وحدة العزل (كوفيد-19)	مارس 2020 - يونيو 2021
7.	مستشفى الأمير حمزة	ممرض قانوني في قسم الجراحة	يناير 2013 - مارس 2020
8.	الجامعة الأردنية	مدرب سريري في مساق أساسيات التمريض (دوام جزئي)	الفصل الصيفي (2018/2019)
9.	الجامعة الأردنية	مدرب سريري في مساق التمريض النفسي والصحة العقلية ومساق تمرير البالغين (دوام جزئي)	الفصل الثاني (2016)
10.	مستشفى الأمير حمزة	ممرض مشارك في قسم الجراحة	سبتمبر 2010 - ديسمبر 2012

الابحاث المنشورة والمقبولة للنشر:

ت	عنوان البحث	جهة النشر	السنة والاصدار
1.	Global, Regional, and National Burden of Cardiovascular Diseases and Risk Factors in 204 Countries and Territories, 1990–2023	Journal of the American College of Cardiology	2025 / S0735-1097(25)07428-5
2.	Burden of 375 diseases and injuries, risk-attributable burden of 88 risk factors, and healthy life expectancy in 204 countries and territories, including 660 subnational locations, 1990–2023: a systematic analysis for the Global Burden of Disease Study 2023	The Lancet	2025 / 406(10513)
3.	Global age-sex-specific all-cause mortality and life expectancy estimates for 204 countries and territories and 660 subnational locations, 1950–2023: a demographic	The Lancet	2025 / 406(10513)



		analysis for the Global Burden of Disease Study 2023	
2025 / 406(10513)	The Lancet	Global burden of 292 causes of death in 204 countries and territories and 660 subnational locations, 1990–2023: a systematic analysis for the Global Burden of Disease Study 2023	.4
2025 / 17(1)	Mediterranean Journal of Hematology and Infectious Diseases	Molecular Characterization of Epstein-Barr Virus Based on EBNA3C Protein among Hematopoietic Stem Cell Transplant Recipients in Jordan	.5
2025 / 20(5)	PLoS ONE	Understanding osteoporosis knowledge and health beliefs in maternity nursing students: a cross-sectional study	.6
2025 / 18(5)	Research Journal of Pharmacy and Technology	Optimizing Resources Management in Crises: Strategies, Challenges, Benefits and Conceptual Framework Development	.7
2025 / 18(—)	Infection and Drug Resistance	Knowledge, Attitudes, and Practices Related to Helicobacter pylori and Gastric Disease in Jordan: Implications for Early Detection and Eradication	.8
2025 / —	Hospital Topics	The professional self-concept and problem-solving ability in different career stages among Jordanian registered nurses	.9
2025 / 24(1)	BMC Nursing	Work stressors and intention to leave among nurses in isolation nursing	.10



		units during COVID-19: a cross-sectional study	
2024 / 1(4)	Journal of Nursing Science and Professional Practice	Identifying the Underlying Relationship of Emotional Intelligence, Job Satisfaction, and Organizational Commitment among Nurses: A Literature Review	.11
2024 / 17(11)	Research Journal of Pharmacy and Technology	Exploring the Influence of Transformational Leadership on Nurses' Intentions towards Artificial Intelligence Utilization in Non-AI Implemented Hospitals	.12
2024 / 14(11)	BMJ Open	Exploring the influence of nurses' demographics and hospital work environment on medical error reporting practices in Jordan: a cross-sectional study	.13
2024 / 15(—)	Frontiers in Psychology	Relationship between emotional intelligence and quality of healthcare among nurses	.14
2024 / 19(10)	PLoS ONE	Knowledge toward quality improvement among Jordanian nursing students: a cross-sectional study	.15
2024 / 32(9)	British Journal of Midwifery	Impact of anaemia in pregnancy on maternal and fetal wellbeing in Oman: a retrospective study	.16
2024 / 2024(1)	Journal of Nursing Management	The Relationship between Emotional Intelligence, Job Satisfaction, and Organizational Commitment among First-Line Nurse Managers in Qatar	.17



2024 / 14(7)	BMJ Open	Evidence-based practice knowledge, attitude, practice and barriers as predictors of stay intent among Jordanian registered nurses: a cross-sectional study	.18
2024 / 79(3-4)	Archives of Environmental & Occupational Health	The relationship between night shift work, sleep patterns, psychological well-being, and mental health among Jordanian healthcare workers	.19
2024 / 51(—)	Archives of Psychiatric Nursing	The relationship between emotional intelligence, resilience, and psychological distress among nurses in Jordan	.20
2024 / 29(1)	Working with Older People	Jordanian nurses' competencies in providing community care during disaster: a cross-sectional survey	.21
2024 / 77(—)	Journal of Pediatric Nursing	Factors influencing Jordanian parents' COVID-19 vaccination decision for children: a cross-sectional study	.22
2024 / 28(6)	European Review for Medical and Pharmacological Sciences	Post-COVID syndrome: analysis of the prevalence of chemosensory dysfunction and predictive factors of recovery in COVID-19 long-haulers in Jordan	.23
2024 / 14(1)	Nursing Reports	The Impact of Work Environment on Structural Empowerment among Nurses in Governmental Hospitals	.24
2024 / 18(e96)	Disaster Medicine and Public Health Preparedness	Jordanian Nurses' Perceptions of Disaster Preparedness and Core Competencies	.25
2023 / 51(1)	Experimental Aging Research	The Relationship Between Quality of Life and Depressive Symptoms	.26



		Among Jordanian Community-Dwelling Older Adults	
2023 / 2023(1)	Behavioural Neurology	Psychometric Properties of the Posttraumatic Stress Disorder Checklist among the Lebanese Population Exposed to the Beirut Explosion: A Cross-Sectional Study during the COVID-19 Pandemic	.27
2023 / —	INC 2023 Proceedings	Violence Against Health Care Workers in Health Care Services: A Literature Review	.28
2023 / 28(3)	Iranian Journal of Nursing and Midwifery Research	The Impact of an Educational Programme on Jordanian Intensive Care Nurses' Knowledge, Attitudes, and Practice Regarding Delirium and their Levels of Self-Efficacy: A Quasi-Experimental Design	.29
2023 / 31(3)	Journal of Nursing Research	Exploring mental health and psychosocial well-being in recovered Jordanian individuals with COVID-19: A phenomenological study	.30
2023 / 30(6)	Nursing Management	Nurses' perceptions of the influence of leadership behaviours and organisational culture on patient safety incident reporting practices	.31
2023 / 14(2)	Journal of Pharmaceutical Negative Results	The Motivating Factors for Studying Nursing: Students' Perception	.32
2023 / —	(Research Article / Preprint)	The Effect of Work Motivation and Work Engagement on Intention to Stay Among Jordanian Nurses	.33
2023 / 32(3)	International Journal of Mental Health Nursing	The effect of adherence therapy on medication adherence, health beliefs,	.34



		self-efficacy, and depressive symptoms among patients diagnosed with major depressive disorder	
2023 / 45(2)	Western Journal of Nursing Research	Psychometric evaluation of three translated measures of functional health literacy among Jordanians	.35
2022 / 30(9)	Supportive Care in Cancer	Fatigue among post-hematopoietic stem cell transplant patients in Jordan: prevalence and associated factors	.36
2022 / 11(1)	Nursing and Midwifery Studies	Attitudes of health care providers toward discussing treatment-associated costs with patients in the clinical settings: a cross-sectional study	.37
2022 / 11(—)	F1000Research	Predictors of social response to COVID-19 among health care workers caring for individuals with confirmed COVID-19 in Jordan	.38
2022 / 18(1)	Malaysian Journal of Medicine and Health Sciences	Determinants of Healthcare Workers' Willingness to Receive COVID-19 Vaccination	.39
2022 / 20(3)	Advances in Mental Health	Evaluating and identifying predictors of emotional well-being in nursing students in Jordan: a cross-sectional study	.40
2021 / 3(3)	International Journal of Social Science Research	Mobile Phone Addiction; An Emerging Problem With Psychological Impact On Arabian Adults	.41
2021 / 12(—)	Frontiers in Psychology	Psychological problems in a sample of Jordanian healthcare workers involved	.42



		in caring for patients with COVID-19: a cross-sectional study	
2021 / 27(2)	Health Informatics Journal	Mobile health apps use among Jordanian outpatients: a descriptive study	.43
2021 / 64(4)	Japanese Psychological Research	Depressive symptoms, anxiety, and quality of life in hemodialysis patients and their caregivers: a dyadic analysis	.44
2021 / 59(1)	Journal of Psychosocial Nursing and Mental Health Services	Prevalence, barriers, and interventions related to medication adherence among patients with major depressive disorder: a scoping review	.45
2020 / 15(2-4)	Social Influence	Social discrimination perception of health-care workers and ordinary people toward individuals with COVID-19	.46
2020 / 43(5)	Research in Nursing & Health	Functional health literacy and caregiving burden among family caregivers of patients with end-stage renal disease	.47
2020 / 56(2)	Social Psychiatry and Psychiatric Epidemiology	Evaluation of psychological reactions among teenage married girls in Palestinian refugee camps in Jordan	.48
2020 / 24(3)	Mental Health and Social Inclusion	Health-care workers' knowledge and management skills of psychosocial and mental health needs and priorities of individuals with COVID-19	.49
2018 / 3(2)	Journal of Clinical Trials, Pathology & Case Studies	Clinical Trials as Evidence-Based Practice in Nursing Research	.50



2018 / 8(9)	Open Journal of Nursing	Seclusion room in psychiatric setting (National Center for Mental Health): Policy analysis	.51
2018 / 53(3)	Nursing Forum	Assessing the impact of workplace bullying on nursing competences among registered nurses in Jordanian Public Hospitals	.52
2017 / 54(2)	Perspectives in Psychiatric Care	Anxiety and depression among school students in Jordan: prevalence, risk factors, and predictors	.53
2017 / 38(5)	Saudi Medical Journal	The effect of chronotherapy on depressive symptoms: Evidence-based practice	.54
2017 / 70(—)	Computers in Human Behavior	Prevalence of internet addiction and associated risk factors in Jordanian school students	.55
2017 / 6(6)	American Journal of Applied Psychology	Cognitive behavioral psychotherapy as therapy to adults with post-traumatic stress disorder	.56
2016 / 4(3)	American Journal of Nursing Research	Omega-3 fatty acids as complementary and alternative medicine for depression: literature review	.57
2016 / 4(5)	American Journal of Psychiatry and Neuroscience	Managing aggressive behaviors among psychiatric inpatients through the use of restrictive methods	.58
2015 / 1(2)	Savant Journal of Educational Research and Reviews	Technology Integration in Nursing Practice	.59
2015 / 6(2)	Middle East Journal of Psychiatry and Alzheimers	Arguments of legal and ethical use of seclusion among psychiatric inpatients	.60

2015 / 9(3)	Middle East Journal of Nursing	Position statement: The use of seclusion in psychiatric settings	.61
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الكتب المؤلفة:

ت	عنوان الكتاب	جهة النشر	السنة
.1			

الكتب المترجمة:

ت	عنوان الكتاب	المؤلفين	جهة النشر	السنة
.1				

المقالات:

ت	عنوان المقال	جهة النشر	السنة والاصدار
.1			

المؤتمرات العلمية:

ت	اسم المؤتمر	الجهة المنظمة	عنوان البحث	فترة المؤتمر
.1	المؤتمر الدولي الثاني للمريض	جامعة الزرقاء	Psychological problems in a sample of Jordanian healthcare workers involved in caring for patients with COVID-19: a cross-sectional study	18-17th May, 2023
.2	المؤتمر الأردني النفسي الدولي الخامس	الجمعية الأردنية للأمراض النفسية وبرعاية منظمة الصحة النفسية العالمية والاتحاد العربي للطب النفسي	Prevalence of internet addiction and associated risk factors in Jordanian school students	25th – 27th Oct 2018
.3	ملتقى الفرصة الأخيرة في الجامعة الأردنية	الجامعة الأردنية	Suicide	Feb 24th, 2018



30 – 28 January 2016	Technology Integration in Nursing Practice	مستشفى الزرقاء الجديد	المؤتمر الطبي الدولي الأول في مستشفى الزرقاء الجديد	.4
20 April 2016	The effect of chronotherapy on depressive symptoms: Evidence- based practice	جامعة مؤتة	التمريض المجتمعي والعقلي في ضوء التغيرات الديموغرافية في الأردن	.5
11-9 March 2017	Omega-3 fatty acids as complementary and alternative medicine for depression: literature review	مستشفى الأمير حمزة	المؤتمر الطبي الدولي الأول في مستشفى الأمير حمزة	.6

الإشراف على الرسائل الجامعية:

السنة	الجامعة	عنوان الرسالة	اسم الطالب	ت
2025–2026	Zarqa University	"Perceptions of Artificial Intelligence and Relationship with Innovation Leadership and Organizational Commitment Among Jordanian Nurse Leaders"	Mu'ath Mahmoud Muhammad Duwaikat	.1
2025–2026	Zarqa University	"Nurses' Autonomy as a Mediator Between Organizational Innovation Climate and Innovative Behavior in Jordan"	Bara'ah Majid Jamaeah Hanafayh	.2
2024–2025	Zarqa University	"Team Dynamics as A Mediator Between Perception Of Practice Environment and Organizational Commitment Among Critical Care Nurses in Saudi Arabia"	Yazeed Farhan Al- Daghmani	.3
2024–2025	Zarqa University	"The Relationship Between Resonant Leadership and Psychological Capital Among Nurses in Saudi Arabia"	Almutasim Mesned Furaih Alruwili	.4
2024–2025	Zarqa University	"Occupational Insecurity and Extra Role Behavior as Predictors of Flourishing Among Expatriate Nurses in Saudi Arabia"	Athba Salama Aldogmani	.5
2024–2025	Zarqa University	"The Mediating Role of Empowerment on the Relationship Between Nurses"	Ayeh Bitar	.6



		Autonomy and Clinical Decision-Making Among Jordanian Nurses"		
2024–2025	Zarqa University	"The Influence of Team Dynamic and Nurse-Physician Collaboration on Patient Safety Culture among Critical Care Units Nurses in Saudi Arabia"	Sana Mutlaq AlRuwaili	.7
2024–2025	Zarqa University	"The Influence of Psychological and Structural Empowerment on Nurses' Well-Being among Nurses in Saudi Arabia"	Bushra Mohammad Abulehyeh	.8
2024–2025	Zarqa University	"Nurses' Autonomy and Problem-Solving Skills as Predictors of Professional Quality of Life among Nurses in Saudi Arabia"	Abdullah Rwaili	.9
2024–2025	Zarqa University	"Predictors of Cybersecurity Knowledge, Attitude, and Behaviours among Nurses in Saudi Arabia"	Abdulhamid Khalifah Alanazi	.10
2023–2024	Zarqa University	"The Relationship Between Leadership Self-Efficacy and Perceptions of Artificial Intelligence Among Jordanian Nursing Leaders"	Mouna Ahmad Alrefa'ay	.11
2023–2024	Zarqa University	"The Relationship Between Spiritual Intelligence and Job Performance Among Critical Care Nurses in Governmental Hospitals in Jordan"	Joumana Rabei	.12
2023–2024	Zarqa University	"Moral Competencies and Relation to Professional Identity and Professional Quality of Life among Jordanian Nurses"	Suha Abu-Saleem	.13
2023	Zarqa University	"The relationship between Total Quality Management practice and nurse Performance and Empowerment of Jordanian Nurses in governmental Hospitals"	Yafa Abu Olwan	.14
2022–2023	Zarqa University	"The relationship between emotional intelligence, organizational commitment, and job satisfaction among First-Line Nurse Managers in Qatar"	Mutaz Othman	.15

2022-2023	Zarqa University	"Relationships between Self-leadership and Work Engagement among Emergency Nurses in the United Arab Emirates: A Descriptive Study"	Ala'a Hammad	16.
2022-2023	Zarqa University	"The Relationships Between Leadership Style, Job Burnout, and Employee Performance among Registered Nurses in Saudi Arabia"	Mohammad Bilal Fayed Draz	17.

خدمة المجتمع:

الفترة	النشاط	ت
		1.

المعلومات الشخصية:

الاسم	:	د. أنس حسام راتب خليفة
مكان وتاريخ الميلاد	:	السعودية - 1990/12/1
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