



CURRICULUM VITAE



About Me

My name is Anas Husam Rateb Khalifeh, I was born in Saudi Arabia in 12 Jan 1990, Jordanian nationality, live in Jordan/Amman, and I am married.



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Academic Background

PhD

The University of Jordan (2016- 2021):-

PhD in nursing / the psychiatric and mental health nursing at the school of nursing.

Master's Degree

Hashemite University (2013-2015):-

Master's degree in nursing / the psychiatric and mental health nursing at the faculty of nursing with a rating of excellent (3.75).

Bachelor's Degree

Hashemite University (2009-2012):-

Bachelor's degree in nursing science at faculty of nursing with a rating very good (3.35).

Diploma

Intermediate University College (2007-2009):-

Diploma of nursing with a rating very good (78.5 %).

High School

Omar Bin Al Khattab (2006-2007):-

(Science Section) in Amman.



Appointments & Positions

Oct [2021]-Still

Zarqa University

Assistant Professor/Faculty of Nursing/Zarqa University, Jordan

June [2021]-Oct [2021]

Prince Hamzah Hospital

Registered Nurse in the surgical ward.

Feb [2021]-Sep [2021]

Hittien College

Lecturer/Faculty member in the department of allied medical professions.

March [2020]-June [2021]

Prince Hamzah Hospital

Registered Nurse in the isolation unit (COVID-19)

Jan [2013]-March [2020]

Prince Hamzah Hospital

Registered Nurse in the surgical ward.

Summer Semester
[2018/2019]

The University of Jordan

Clinical Instructor in fundamental in nursing course.

Second Semester
[2016]

The University of Jordan

Clinical Instructor in psychiatric and mental health and adult course (Part-time).

Sep [2010]-Dec [2012]

Prince Hamzah Hospital

Practical Nurse in the surgical ward.



Dissertation

THE EFFECT OF ADHERENCE THERAPY ON MEDICATION ADHERENCE, HEALTH BELIEFS, SELF-EFFICACY, AND DEPRESSIVE SYMPTOMS AMONG PATIENTS DIAGNOSED WITH MAJOR DEPRESSIVE DISORDER



Publications

- Hamdan-Mansour, A., Abdallah, M., **Khalifeh, A.**, AlShibi, A., Hamaideh, S., & Hamdan-Mansour, L. (2022). Determinants of Healthcare Workers' Willingness to Receive COVID-19 Vaccination. *Malaysian Journal Of Medicine And Health Sciences*, 18(1), 5-13.
- AL-Sagarat, A., Al Hadid, L., Tapsell, A., Moxham, L., Al Barmawi, M., & **Khalifeh, A.** (2022). Evaluating and identifying predictors of emotional well-being in nursing students in Jordan: a cross-sectional study. *Advances In Mental Health*, 1-11. <https://doi.org/10.1080/18387357.2021.2018940>
- Bsisu, I., Dweikat, A., Abojaradeh, A., Nael, N., Hijazin, N., **Khalifeh, A.**, & Shehadeh, J. (2021). Mobile Phone Addiction; An Emerging Problem With Psychological Impact On Arabian Adults. *International Journal Of Social Science Research*, 3(3), 41-57.
- Alhalaiqa, F., **Khalifeh, A.**, Al Omari, O., Yehia, D., & Khalil, M. (2021). Psychological Problems in a Sample of Jordanian Healthcare Workers Involved in Caring for Patients With COVID-19: A Cross-Sectional Study. *Frontiers In Psychology*, 12. <https://doi.org/10.3389/fpsyg.2021.679785>
- Qan'ir, Y., **Khalifeh, A.**, Eid, M., Hammad, B., & Al-Batran, M. (2021). Mobile health apps use among Jordanian outpatients: A descriptive study. *Health Informatics Journal*, 27(2), 146045822110179. <https://doi.org/10.1177/14604582211017940>
- Khalil, A., **Khalifeh, A.**, Al-Rawashdeh, S., Darawad, M., & Abed, M. (2021). Depressive Symptoms, Anxiety, and Quality of Life in Hemodialysis Patients and Their Caregivers: A Dyadic Analysis. *Japanese Psychological Research*. <https://doi.org/10.1111/jpr.12339>
- Khalifeh, A.**, & Hamdan-Mansour, A. (2021). Prevalence, Barriers, and Interventions Related to Medication Adherence Among Patients With Major Depressive Disorder: A Scoping Review. *Journal Of Psychosocial Nursing And Mental Health Services*, 59(1), 39-51. <https://doi.org/10.3928/02793695-20201015-05>
- Dalky, H., Hamdan-Mansour, A., Amarneh, B., AlAzzam RN, M., Yacoub, N., & **Khalifeh, A.** et al. (2020). Social discrimination perception of health-care workers and ordinary people toward individuals with COVID-19. *Social Influence*, 15(2-4), 65-79. <https://doi.org/10.1080/15534510.2020.1838945>
- Abed, M., **Khalifeh, A.**, Khalil, A., Darawad, M., & Moser, D. (2020). Functional health literacy and caregiving burden among family caregivers of patients with end-stage renal disease. *Research In Nursing & Health*, 43(5), 529-537. <https://doi.org/10.1002/nur.22060>
- Malak, M., Al-amer, R., **Khalifeh, A.**, & Jacoub, S. (2020). Evaluation of psychological reactions among teenage married girls in Palestinian refugee camps in Jordan. *Social Psychiatry And Psychiatric Epidemiology*, 56(2), 229-236. <https://doi.org/10.1007/s00127-020-01917-6>

Hamdan Mansour, A., Al Shibi, A., **Khalifeh, A.**, & Hamdan Mansour, L. (2020). Health-care workers' knowledge and management skills of psychosocial and mental health needs and priorities of individuals with COVID-19. *Mental Health And Social Inclusion*, 24(3), 135-144. <https://doi.org/10.1108/mhsi-04-2020-0022>

Khalifeh, A. (2018). Clinical Trials as Evidence-Based Practice in Nursing Research. *J Clin Trials Pathol Case Stud*, 3(2), 24-28. <https://doi.org/10.15436/2578-224X.18.1901>

Khalifeh, A., & Khalil, M. (2018). Seclusion Room in Psychiatric Setting (National Center for Mental Health): Policy Analysis. *Open Journal Of Nursing*, 08(09), 697-707. <https://doi.org/10.4236/ojn.2018.89052>

AL-Sagarat, A., Qan'ir, Y., AL-Azzam, M., Obeidat, H., & **Khalifeh, A.** (2018). Assessing the impact of workplace bullying on nursing competences among registered nurses in Jordanian public hospitals. *Nursing Forum*, 53(3), 304-313. <https://doi.org/10.1111/nuf.12253>

Malak, M., & **Khalifeh, A.** (2017). Anxiety and depression among school students in Jordan: Prevalence, risk factors, and predictors. *Perspectives In Psychiatric Care*, 54(2), 242-250. <https://doi.org/10.1111/ppc.12229>

Khalifeh, A. (2017). The effect of chronotherapy on depressive symptoms. Evidence-based practice. *Saudi Medical Journal*, 38(5), 457-464. <https://doi.org/10.15537/smj.2017.5.18062>

Malak, M., **Khalifeh, A.**, & Shuhaiber, A. (2017). Prevalence of Internet Addiction and associated risk factors in Jordanian school students. *Computers In Human Behavior*, 70, 556-563. <https://doi.org/10.1016/j.chb.2017.01.011>

Khalifeh, A. (2017). Cognitive Behavioral Psychotherapy as Therapy to Adults with Post-Traumatic Stress Disorder. *American Journal Of Applied Psychology*, 6(6), 166. <https://doi.org/10.11648/j.ajap.20170606.15>

Khalifeh, A. (2016). Omega-3 Fatty Acids as Complementary and Alternative Medicine for Depression: Literature Review. *American Journal of Nursing Research*, 4(3), 69-73. <https://doi.org/10.12691/ajnr-4-3-3>

Khalifeh, A. (2016). Managing Aggressive Behaviors among Psychiatric Inpatients Through the Use of Restrictive Methods. *American Journal Of Psychiatry And Neuroscience*, 4(5), 71. <https://doi.org/10.11648/j.ajpn.20160405.11>

Khalifeh, A. (2015). Technology Integration in Nursing Practice. *Savant Journal of Educational Research and Reviews*, 1(2), 5-9.

Khalifeh, A. (2015). Arguments of Legal and Ethical Use of Seclusion among Psychiatric Inpatients. *Middle East Journal Of Psychiatry And Alzheimers*, 6(2), 12-20. <https://doi.org/10.5742/mepa.2015.92730>

Khalifeh, A. (2015). Position Statement: The Use of Seclusion in Psychiatric Settings. *Middle East Journal Of Nursing*, 9(3), 31-36. <https://doi.org/10.5742/mejn.2015.92662>

Accepted

Accepted Papers

Understanding Health Care Providers Experiences toward Discussing Costs in the Clinical Areas



Funded Research Projects

Principal Investigator

Funding Agency: The University of Jordan (2019-2020)

Grant Type: Dissertation study

Project Title: "The Effect Of Adherence Therapy On Medication Adherence, Health Beliefs, Self-Efficacy, And Depressive Symptoms Among Patients Diagnosed With Major Depressive Disorder"

Total Cost: 1,350 JD

Co-Investigator

Funding Agency: The University of Jordan (2017-2020)

Grant Type: Nursing, Research project funding

Project Title: "The Effect of Depression and Anxiety and Quality of Life in Jordanian Patients Receiving Hemodialysis: Patient-family caregiver dyads"

Total Cost: 5,250 JD



Speaker & Presenter

- Presenter at The Second International Health Conference for the Jordan Healing and Health Bank: 7th Oct 2021
- Presenter at The 3rd International Conference on Inter-Disciplinary, Social Science, Business, Technology, Education and Economics 2021 (ISBTEC2021): 11th Sep 2021
- Presenter at The 5th International Jordanian Psychiatric Conference: 25th – 27th Oct 2018
- Presenter in Last Hope Summit at the University of Jordan: Feb 24th, 2018
- Presenter at The first international medical conference at Al-Zarqa New Hospital: 28 – 30 January 2016. Al-Zarqa New Hospital.
- Presenter at 9th Scientific Day "Community And Mental Health Nursing In The Light Of Demographic Changes In Jordan": 20 April 2016. Mutah University.
- Presenter at The first international medical conference at Prince Hamzah Hospital: 9-11 March 2017.



IDs of Researcher

ResrarchGate: https://www.researchgate.net/profile/Anas_Khalifeh3

Google Scholar: <https://scholar.google.com/citations?user=Bk8im8QAAAAJ&hl=en>

ORCID: <http://orcid.org/0000-0002-5649-5124>

ResearcherID: M-5757-2016

Publons: <https://publons.com/researcher/2223958/anas-husam-khalifeh/>

Scopus Author ID: 57193113615

Loop profile: 1266183



Membership & Professional Licenses

Jordanian Nursing Council	Member of the Scientific Research Committee
Prince Hamzah Hospital	Member of the Scientific Committee
Jordanian Ministry of Health	Member of the Scientific Research Committee
Sigma Theta Tau	Member of PSI KAPPA CHAPTER-the University of Jordan-School of Nursing
Jordanian Nursing Council (JNC)	Advanced Nurse Specialist (ANS)/Psychiatric Mental Health
Jordan Nurses and Midwives Council	Specialist Nurse in the area of Psychiatric Health Nursing



Honors & Awards

Civil Service Bureau	Gratitude for reach for interview phase in perfect employee award
Venus International Science	'Young researcher in psychiatric and mental health nursing' / Award in the 7th Venus International Science and Technology Awards – VISTA 2021
Psi-Kappa chapter /Sigma International	The Evidence-based Project Reward
Archives of Psychiatric Nursing Journal	Certificate of Reviewing Certificate of Outstanding of Contribution in Reviewing
Prince Hamzah Hospital	Gratitude for work from Prince Hamzah Hospital and a certificate of (The Nurse of Month).
Ministry of Health	A certificate of appreciation and thanks from ministry of health to participate in getting Prince Hamzah Hospital accreditation (HCAC).
World Health Organization	A certificate of appreciation and thanks from World Health Organization as a volunteer in the World Mental Health Day (2014).



Languages

Arabic (Mother Tongue) and good in English.



Goals

Increase my experience, help the mental ill, focuses on clinical practice on individual, groups and families or population across life spans that are at risk for developing or presently have psychiatric /mental disorders, provides services for inpatient and outpatient settings that involve the continuum and comprehensive services necessary for promotion of optimal mental health, prevention and treatment of mental illnesses, and health maintenance, and the desire in develop scientific and employment level.



Skills

Computer literate (internet services, Adobe, word, power point, Outlook, and excel), very active in research, statistics analysis (SPSS), valid driver's license.