



السيرة الذاتية

المعلومات الشخصية

الاسم: أنس حسام راتب خليفة
مكان الميلاد: ١٢ يناير ١٩٩٠
مكان الاقامه: الأردن / عمان
مكان الولادة: المملكة العربية السعودية
الجنسية: أردني
الحالة الاجتماعية: متزوج
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رقم الهاتف: ٠٠٩٦٢٧٨٥٠٦١٦٠٦

المؤهلات العلمية

الجامعة الاردنية (٢٠١٦ - 2021): - دكتوراه في التمريض/ الصحة النفسية والعقلية للتمريض في كلية التمريض	دكتوراه
الجامعة الهاشمية (٢٠١٣ - ٢٠١٥): - درجة الماجستير في الصحة النفسية والعقلية في التمريض بكلية التمريض بتقدير ممتاز (٣,٧٥)	ماجستير
الجامعة الهاشمية (٢٠٠٩ - ٢٠١٢): - درجة البكالوريوس في علوم التمريض من كلية التمريض بتقدير جيد جدا (٣,٣٥)	درجة البكالوريوس
الكلية الجامعية المتوسطة (٢٠٠٧ - ٢٠٠٩): - دبلوم تمريض بتقدير جيد جدا (٧٨,٥%)	شهادة دبلوم
عمر بن الخطاب (٢٠٠٦ - ٢٠٠٧): - (القسم العلمي) في عمان	المدرسة الثانوية



الخبرات العملية

جامعة الزرقاء	أكتوبر [٢٠٢١] - الى الان
استاذ مساعد / كلية التمريض.	
مستشفى الأمير حمزة	يونيو [٢٠٢١] - أكتوبر [٢٠٢١]
ممرضة قانوني في قسم الجراحة.	
كلية حطين	فبراير [٢٠٢١] - سبتمبر [٢٠٢١]
محاضر / عضو هيئة تدريس في قسم المهن الطبية المساندة.	
مستشفى الأمير حمزة	مارس [٢٠٢٠] - يونيو [٢٠٢١]
ممرضة قانوني في وحدة العزل (كوفيد -١٩)	
مستشفى الأمير حمزة	يناير [٢٠١٣] -مارس [٢٠٢٠]
ممرضة قانوني في قسم الجراحة.	
الجامعة الأردنية	الفصل الصيفي [٢٠١٨/٢٠١٩]
مدرس سريري لمادة أساسيات في التمريض (دوام جزئي).	
الجامعة الأردنية	الفصل الثاني [٢٠١٦]
مدرس سريري في الصحة النفسية والعقلية وبالغين دورة (دوام جزئي).	
مستشفى الأمير حمزة	سبتمبر [٢٠١٠] - ديسمبر [٢٠١٢]
ممرض مشارك في قسم الجراحة.	



عنوان الرسالة

THE EFFECT OF ADHERENCE THERAPY ON MEDICATION ADHERENCE,
HEALTH BELIEFS, SELF-EFFICACY, AND DEPRESSIVE SYMPTOMS AMONG
PATIENTS DIAGNOSED WITH MAJOR DEPRESSIVE DISORDER



Hamdan-Mansour, A., Abdallah, M., **Khalifeh, A.**, AlShibi, A., Hamaideh, S., & Hamdan-Mansour, L. (2022). Determinants of Healthcare Workers' Willingness to Receive COVID-19 Vaccination. *Malaysian Journal Of Medicine And Health Sciences*, 18(1), 5-13.

AL-Sagarat, A., Al Hadid, L., Tapsell, A., Moxham, L., Al Barmawi, M., & **Khalifeh, A.** (2022). Evaluating and identifying predictors of emotional well-being in nursing students in Jordan: a cross-sectional study. *Advances In Mental Health*, 1-11. <https://doi.org/10.1080/18387357.2021.2018940>

Bsisu, I., Dweikat, A., Abojaradeh, A., Nael, N., Hijazin, N., **Khalifeh, A.**, & Shehadeh, J. (2021). Mobile Phone Addiction; An Emerging Problem With Psychological Impact On Arabian Adults. *International Journal Of Social Science Research*, 3(3), 41-57.

Alhalaiga, F., **Khalifeh, A.**, Al Omari, O., Yehia, D., & Khalil, M. (2021). Psychological Problems in a Sample of Jordanian Healthcare Workers Involved in Caring for Patients With COVID-19: A Cross-Sectional Study. *Frontiers In Psychology*, 12. <https://doi.org/10.3389/fpsyg.2021.679785>

Qan'ir, Y., **Khalifeh, A.**, Eid, M., Hammad, B., & Al-Batran, M. (2021). Mobile health apps use among Jordanian outpatients: A descriptive study. *Health Informatics Journal*, 27(2), 146045822110179. <https://doi.org/10.1177/14604582211017940>

Khalil, A., **Khalifeh, A.**, Al-Rawashdeh, S., Darawad, M., & Abed, M. (2021). Depressive Symptoms, Anxiety, and Quality of Life in Hemodialysis Patients and Their Caregivers: A Dyadic Analysis. *Japanese Psychological Research*. <https://doi.org/10.1111/jpr.12339>

Khalifeh, A., & Hamdan-Mansour, A. (2021). Prevalence, Barriers, and Interventions Related to Medication Adherence Among Patients With Major Depressive Disorder: A Scoping Review. *Journal Of Psychosocial Nursing And Mental Health Services*, 59(1), 39-51. <https://doi.org/10.3928/02793695-20201015-05>

Dalky, H., Hamdan-Mansour, A., Amarneh, B., AlAzzam RN, M., Yacoub, N., & **Khalifeh, A.** et al. (2020). Social discrimination perception of health-care workers and ordinary people toward individuals with COVID-19. *Social Influence*, 15(2-4), 65-79. <https://doi.org/10.1080/15534510.2020.1838945>

Abed, M., **Khalifeh, A.**, Khalil, A., Darawad, M., & Moser, D. (2020). Functional health literacy and caregiving burden among family caregivers of patients with end-stage renal disease. *Research In Nursing & Health*, 43(5), 529-537. <https://doi.org/10.1002/nur.22060>

Malak, M., Al-amer, R., **Khalifeh, A.**, & Jacoub, S. (2020). Evaluation of psychological reactions among teenage married girls in Palestinian refugee camps in Jordan. *Social Psychiatry And Psychiatric Epidemiology*, 56(2), 229-236. <https://doi.org/10.1007/s00127-020-01917-6>

- Hamdan Mansour, A., Al Shibi, A., **Khalifeh, A.**, & Hamdan Mansour, L. (2020). Health-care workers' knowledge and management skills of psychosocial and mental health needs and priorities of individuals with COVID-19. *Mental Health And Social Inclusion*, 24(3), 135-144. <https://doi.org/10.1108/mhsi-04-2020-0022>
- Khalifeh, A.** (2018). Clinical Trials as Evidence-Based Practice in Nursing Research. *J Clin Trials Pathol Case Stud*, 3(2), 24-28. <https://doi.org/10.15436/2578-224X.18.1901>
- Khalifeh, A.**, & Khalil, M. (2018). Seclusion Room in Psychiatric Setting (National Center for Mental Health): Policy Analysis. *Open Journal Of Nursing*, 08(09), 697-707. <https://doi.org/10.4236/ojn.2018.89052>
- AL-Sagarat, A., Qan'ir, Y., AL-Azzam, M., Obeidat, H., & **Khalifeh, A.** (2018). Assessing the impact of workplace bullying on nursing competences among registered nurses in Jordanian public hospitals. *Nursing Forum*, 53(3), 304-313. <https://doi.org/10.1111/nuf.12253>
- Malak, M., & **Khalifeh, A.** (2017). Anxiety and depression among school students in Jordan: Prevalence, risk factors, and predictors. *Perspectives In Psychiatric Care*, 54(2), 242-250. <https://doi.org/10.1111/ppc.12229>
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- Malak, M., **Khalifeh, A.**, & Shuhaiber, A. (2017). Prevalence of Internet Addiction and associated risk factors in Jordanian school students. *Computers In Human Behavior*, 70, 556-563. <https://doi.org/10.1016/j.chb.2017.01.011>
- Khalifeh, A.** (2017). Cognitive Behavioral Psychotherapy as Therapy to Adults with Post-Traumatic Stress Disorder. *American Journal Of Applied Psychology*, 6(6), 166. <https://doi.org/10.11648/j.ajap.20170606.15>
- Khalifeh, A.** (2016). Omega-3 Fatty Acids as Complementary and Alternative Medicine for Depression: Literature Review. *American Journal of Nursing Research*, 4(3), 69-73. <https://doi.org/10.12691/ajnr-4-3-3>
- Khalifeh, A.** (2016). Managing Aggressive Behaviors among Psychiatric Inpatients Through the Use of Restrictive Methods. *American Journal Of Psychiatry And Neuroscience*, 4(5), 71. <https://doi.org/10.11648/j.ajpn.20160405.11>
- Khalifeh, A.** (2015). Technology Integration in Nursing Practice. *Savant Journal of Educational Research and Reviews*, 1(2), 5-9.
- Khalifeh, A.** (2015). Arguments of Legal and Ethical Use of Seclusion among Psychiatric Inpatients. *Middle East Journal Of Psychiatry And Alzheimers*, 6(2), 12-20. <https://doi.org/10.5742/mepa.2015.92730>
- Khalifeh, A.** (2015). Position Statement: The Use of Seclusion in Psychiatric Settings. *Middle East Journal Of Nursing*, 9(3), 31-36. <https://doi.org/10.5742/mejn.2015.92662>

Principal Investigator

Funding Agency: The University of Jordan (2019-2020)
Grant Type: Dissertation study
Project Title: "The Effect Of Adherence Therapy On Medication Adherence, Health Beliefs, Self-Efficacy, And Depressive Symptoms Among Patients Diagnosed With Major Depressive Disorder"

Total Cost: 1,350 JD

Co-Investigator

Funding Agency: The University of Jordan (2017-2020)
Grant Type: Nursing, Research project funding
Project Title: "The Effect of Depression and Anxiety and Quality of Life in Jordanian Patients Receiving Hemodialysis: Patient-family caregiver dyads"

Total Cost: 5,250 JD

- Presenter at The Second International Health Conference for the Jordan Healing and Health Bank: 7th Oct 2021
- Presenter at The 3rd International Conference on Inter-Disciplinary, Social Science, Business, Technology, Education and Economics 2021 (ISBTEC2021): 11th Sep 2021
- Presenter at The 5th International Jordanian Psychiatric Conference: 25th – 27th Oct 2018
- Presenter in Last Hope Summit at the University of Jordan: Feb 24th, 2018
- Presenter at The first international medical conference at Al-Zarqa New Hospital: 28 – 30 January 2016. Al-Zarqa New Hospital.
- Presenter at 9th Scientific Day "Community And Mental Health Nursing In The Light Of Demographic Changes In Jordan": 20 April 2016. Mutah University.
- Presenter at The first international medical conference at Prince Hamzah Hospital: 9-11 March 2017.



العضوية والتراخيص المهنية

Jordanian Nursing Council	Member of the Scientific Research Committee
Prince Hamzah Hospital	Member of the Scientific Committee
Jordanian Ministry of Health	Member of the Scientific Research Committee
Sigma Theta Tau	Member of PSI KAPPA CHAPTER-the University of Jordan-School of Nursing
Jordanian Nursing Council (JNC)	Advanced Nurse Specialist (ANS)/Psychiatric Mental Health
Jordan Nurses and Midwives Council	Specialist Nurse in the area of Psychiatric Health Nursing



التكريمات والجوائز

Civil Service Bureau	Gratitude for reach for interview phase in perfect employee award
Venus International Science	'Young researcher in psychiatric and mental health nursing' / Award in the 7th Venus International Science and Technology Awards – VISTA 2021
Psi-Kappa chapter /Sigma International	The Evidence-based Project Reward
Archives of Psychiatric Nursing Journal	Certificate of Reviewing Certificate of Outstanding of Contribution in Reviewing
Prince Hamzah Hospital	Gratitude for work from Prince Hamzah Hospital and a certificate of (The Nurse of Month).
Ministry of Health	A certificate of appreciation and thanks from ministry of health to participate in getting Prince Hamzah Hospital accreditation (HCAC).
World Health Organization	A certificate of appreciation and thanks from World Health Organization as a volunteer in the World Mental Health Day (2014).



الاهداف

Increase my experience, help the mental ill, focuses on clinical practice on individual, groups and families or population across life spans that are at risk for developing or presently have psychiatric /mental disorders, provides services for inpatient and outpatient settings that involve the continuum and comprehensive services necessary for promotion of optimal mental health, prevention and treatment of mental illnesses, and health maintenance, and the desire in develop scientific and employment level.