

Name: Mohammad Rasmi Alosta

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Major Specialization: Adult Health Nursing

Academic Rank:	**Assistant Professor**

Professional Objective(s):

- To achieve excellence in nursing education, scientific research, and evidence-based academic practice.
- To promote quality and innovation and foster a supportive academic environment for students and faculty members.
- To contribute to the development of the Faculty of Nursing and strengthen its local, regional, and international partnerships and reputation.
- To utilize academic and leadership expertise in serving the University and community and achieving its strategic goals.

Personal Information:	
Extension No.:	1777
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Address:	Amman
Nationality:	Jordanian
Marital Status:	Married

Membership:	
1)	Jordanian Nurses and Midwives Council
2)	Sigma Theta Tau
3)	
4)	

Qualifications:	
1)	PhD/ Adult Health Nursing/ 2021
2)	MSc in Nursing/ Critical Care Nursing/ 2014
3)	BSc/Nursing/ 2006
4)	

Teaching Experiences:	
1)	Zarqa University/ Faculty of Nursing from 2021 to present
2)	
3)	
4)	
5)	

Publications:

No.	Title	Journal	Year
1)	Aqel, I. J., **Alosta, M. R**., Khalifeh, A. H., & Suliman, M. (2026). Association Between Nurse Leader Communication Styles and Team Cohesion Among ICU Nurses. AACN Advanced Critical Care, 37(3), 278-286.		
2)	Othman, E. H., **Alosta, M. R**., Alniarat, T. F., Hammad, B. M., Abd Elnaeem, M. M., Tariq, M., & Al-Majaly, M. M. (2026). Pain Measurement in Critically Ill Non-Verbal Patients With Brain Injury: A Systematic Review. *Nursing in Critical Care*, *31*(5), e70677.		
3)	Khalifeh, A. H., Rayan, A., Al-Ghabeesh, S. H., **Alosta, M. R**., Albashtawy, M., Oweidat, I., & Athamneh, R. Y. (2026). Role of Evidence-Based Practice in Quality of Work Life Among Nurses: A Cross-Sectional Study. *Worldviews on Evidence-Based Nursing*, *23*(4), e70169.		
4)	**Alosta, M. R**., Othman, E. H., Afaneh, T., Al-Hammouri, F., Al-Masri, S., Janbek, T., ... & Al-Mzayen, M. (2026). Improving stroke care and outcomes through AHA/ASA primary stroke certification: a pre-post study in Jordan. *International Journal for Quality in Health Care*, *38*(3), mzag088.		
5)	Al-Abade, R., **Alosta, M. R**., Oweidat, I. A., & Abuadas, M. (2026). The relationship between transformational leadership and nurses' attitudes toward patient advocacy in Jordanian governmental hospitals. *Leadership in Health Services*, *39*(3), 350-364.		
6)	**Alosta, M. R**., Atiyeh, H., Hani, S. B., Hamdan-Mansour, A., Al-yyan, A. A. A., Afaneh, T., ... & Othman, E. H. (2026). Patient Activation and Diabetes Outcomes Among Jordanian Patients With Type 2 Diabetes: Longitudinal Evidence on Adherence and Glycemic Control With Linear Mixed Model Analysis. *Research in Nursing & Health*.		
7)	Sleman, H., Oweidat, I., Nashwan, A. J., **Alosta, M. R**., ALBashtawy, M., & Alkhawaldeh, A. (2026). The relationship between transformational leadership and extra-role behavior among nurses: a systematic review. *Journal of Public Health*, 1-9.		
8)	Oweidat, L., Ayyad, A., **Alosta, M. R**, Al Mugheed, K., ALBashtawy, M., & Alkhawaldeh, A. (2026). Relationship between leadership transparency and workplace cynicism among nurses: a systematic review and meta-analysis. *Nursing Management (Harrow, London, England: 1994)*.		
9)	Alruwaili, S., **Alosta, M. R**., Khalifeh, A. H., Albikawi, Z., & Othman, E. H. (2026). Nursing Informatics Competency and Effective Clinical Decision-Making among Nurses in Saudi Arabia. *Applied Clinical Informatics*, *17*(02), 329-336.		
10)	Miqdadi, A. I., Alhadidi, M., Khalifeh, A. H., **Alosta, M. R**., & Othman, M. I. (2026). Translation and psychometric testing of the Arabic version of the panic disorder dimensional scale. *Acta Psychologica*, *262*, 106179.		
11)	**Alosta, M. R**., Othman, E. H., Hani, S. B., Al-yyan, A. A. A., Sarhan, R., & Al-Momani, M. T. (2025). Self-Care Practices and Quality of Life Among Jordanian Patients With Heart Failure: The Mediating Role of General Life Satisfaction. *Nursing & Health Sciences*, *27*(4), e70259.		
12)	Alhusban, R., **Alosta, M.R.**, Othman E.H., (2025). Exploring the Lived Experiences of Nursing Syrian Refugee Students in Jordan.		
13)	Othman, E. H., Haj, W. I. A., **Alosta, M. R**., Qan'Ir, Y., Aburuz, M. E., & Almagharbeh, W. T. (2025). Better Attitudes toward Cybersecurity and Greater Self-Control Predict Lower Risky Online Behaviors among Nurses. Applied Clinical Informatics, 16(04), 1310-1318.		
14)	Abu-Qutaish, R. A., **Alosta, M. R**., Abu-Shosha, G., Oweidat, I. A., & Nashwan, A. J. (2025). The relationship between transformational leadership, work motivation, and engagement among nurses in Jordanian governmental hospitals. BMC nursing, 24, 842.		

15)	Khader, W., Shosha, G. A., Oweidat, I. A., Al Omar, S., **Alosta, M. R**., & Nashwan, A. J. (2025). The Relationship Between Clinical Leadership Behaviors, Flourishing, and Extra-Role Behavior Among Nurses: A Cross-Sectional Study. Journal of Nursing Management, 2025(1), 5438358.
16)	Othman, E. H., Aljafreh, M., **Alosta, M. R**., Masadeh, R., Ryan, B. L., Alsharawneh, A., ... & Zeilani, R. S. (2025). Arabic translation and psychometric validation of the revised Patient Perception of Patient-Centeredness (PPPC-R) questionnaire. BMC Health Services Research, 25(1), 1166.
17)	Alsadi, M., **Alosta, M. R.,** Othman, E. H., Obiedallah, H., & Nashwan, A. J. (2025). Optimising Educational Practices in Simulation-Based Nursing Education: Results of A National Survey. Nursing Open, 12(4), e70172.
18)	Othman, E.H, Nofal, B., Masadeh, A., Alshareef, A., **Alosta. M.R.,** (2025). The Effects of Shift Work on Healthy Lifestyle Behaviors; A Population Based Survey.
19)	Othman E.H., **Alosta, M.R.,** Attieh, H., Zeilani R., & Khalaf I., (2025). Family Caregivers are not Ready to Make Terminal Decisions. A Descriptive Study.
20)	Bani Hani, S., **Alosta, M.R.**, Othman E.H., (2025). Does the artery compression technique affect how much hematoma forms during a cardiac catheterization procedure? A Systematic review of randomized controlled trials.
21)	Abu Moghli, F., Al-Obieat, H., **Alosta, M. R.**, Al Hamory, S., Alblishi, I., Alhaijaa, E., (2024). The Impact of Safety Training on Nursing Students' Perceptions of Safety.
22)	Migdadi, M. D. K., Oweidat, I. A., **Alosta, M. R.,** Al-Mugheed, K., Saeed Alabdullah, A. A., & Farghaly Abdelaliem, S. M. (2024). The association of artificial intelligence ethical awareness, attitudes, anxiety, and intention-to-use artificial intelligence technology among nursing students. Digital Health, 10, 20552076241301958.
23)	Atiyeh, H. M., **Alosta, M. R**., Othman, E. H., Khirfan, R. Y., & Hamdan, F. R. (2024). An Evidence-Based Measure to Assess Self-Efficacy Among Adolescents With Type 1 Diabetes Mellitus in Jordan. The Science of Diabetes Self-Management and Care, 26350106241279813.
24)	Oweidat, I. A., Atiyeh, H., **Alosta, M.R**, Al-Mugheed, K., Saeed Alabdullah, A. A., Alzoubi, M. M., & Farghaly Abdelaliem, S. M. (2024). The influence of hospital accreditation on nurses' perceptions of patient safety culture. Human Resources for Health, 22(1), 36.
25)	Othman E.H, Al-Salhi A, Alosta MR. (2024). Public Attitudes and Beliefs About Organ Donation: Development and Validation of a New Instrument. J Nurs Meas. https://doi.org/10.1891/JNM-2023-0108. . PMID: 38538046.
26)	Alfuqaha, A. N., **Alosta, M. R**., Khalifeh, A. H., & Oweidat, I. A. (2024). Jordanian Nurses' Perceptions of Disaster Preparedness and Core Competencies. Disaster medicine and public health preparedness, 18, e96.
27)	Sabra, M. A. A., Al Kalaldeh, M., & **Alosta, M. R**. (2023). Is the Electroconvulsive Therapy Video on YouTube Supportive Information for Patients and Their Primary Caregivers?. The Journal of ECT, 10-1097.
28)	**Alosta, M. R.,** Oweidat, I., Alsadi, M., Alsaraireh, M. M., Oleimat, B., & Othman, E. H. (2024). Predictors and disturbances of sleep quality between men and women: results from a cross-sectional study in Jordan. BMC psychiatry, 24(1), 1-8.
29)	**Alosta, M. R**., Alsadi, M., Othman, E. H., Khalifeh, A. H., & Atiyeh, H. (2024). Factors influencing Jordanian parents' COVID-19 vaccination decision for children: A cross-sectional study. Journal of Pediatric Nursing, 77, 45-52.
30)	Kassab, M., Sabrah, E. F., Smadi, A., Rayan, A., Baqeas, M. H., R. **Alosta, M.R,** Othman, E.H. and Hamadneh, S., (2023). Cardiovascular Disease Risk Factors Awareness among Women with a History of Preeclampsia in Jordan. SAGE Open Nursing, 9, 23779608231207223.
31)	Othman, E.H**, Alosta, M.R,** Abu-Snieneh, H., Zeilani, R., Shamoun, S. (2023). The Effect of Burdensome Symptoms and Functional Status on Quality of Life Among Older Patients with Cancer: A Correlational Study. European Journal of Oncology Nursing, 67, 102434. https://doi.org/10.1016/j.ejon.2023.102434

Books:			
No.	Title	Publisher	Year
1)			
2)			
3)			
4)			
5)			
6)			

Conferences:			
No.	Title Mark (-) for attendance only	Organizing Institution	Year
1)	AHA MENA Healthcare Forum	AHA	2026
2)	Arab Resuscitation Council Scientific Conference	Arab Resuscitation Council	2025
3)	The 2nd International Nursing Conference	Zarqa University	2023

Supervision of Graduate Studies:			
No.	Title Theses or Dissertations	University	Year
1)	The Relationship Between Nurse Leader Communication Styles and Team Cohesion	Zarqa University	2026

	Among ICU Nurses in Jordanian Governmental Hospitals		
2)	Ethical Leadership and Nurses' Attitudes Toward Adverse Event Reporting: A Cross-Sectional Study in Northern Saudi Arabia	Zarqa University	2026
3)	Artificial Intelligence Readiness and Digital Leadership Competencies Among Nurse Managers in Northern Saudi Arabia	Zarqa University	2025
4)	Organizational Commitment and Sustainable Management Behaviors Among Nurse Managers in Jordanian Governmental Hospitals: A Cross-Sectional Study	Zarqa University	2025
5)	Psychological Empowerment as a Mediator Between the Nursing Practice Environment and Safety Attitudes Among Nurses in the Northern Region of Saudi Arabia	Zarqa University	2025
6)	Determinants of Patient Satisfaction with the Quality of Nursing Care in Governmental Hospitals in Jordan	Zarqa University	2024
7)	The Relationship Between Team Dynamics and Clinical Decision-Making Quality Among Nurses in Jordan	Zarqa University	2024
8)	Nursing Informatics Competency and Effective Clinical Decision-Making among Nurses in Saudi Arabia	Zarqa University	2024
9)	The Relationship Between Transformational Leadership and Nurses' Attitudes Toward Patient Advocacy in Jordanian Governmental Hospitals	Zarqa University	2024
10)	The Relationship between Interprofessional Collaboration and Patient-Centered Care Competency among Nurses in Jordan	Zarqa University	2023
11)	The Relationship Between Transformational Leadership and Nurses' Attitudes Toward	Zarqa University	2023

	Patient Advocacy in Jordanian Governmental Hospitals		
12)	**Jordanian Nurses' Perceptions of Disaster Preparedness and Core Competencies**	**Zarqa University**	**2023**

Community Service Activities:			
No.	Activity	Venue of the activity	Year
1)	**Basic Life Support**	**Zarqa University**	**2026**
2)	**First Aid**	**Zarqa University**	**2026**
3)	**Triage and Emergency Response Training**	**Zarqa University**	**2025**
4)	**Disaster Preparedness and Emergency Management**	**Zarqa University**	**2025**
5)	**Risk Management**	**Zarqa University**	**2024**