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#### الكلية /التخصص: التمريض/تمريض الصحة النفسية

الربية الإكاديمية: أستاذ مشارك

#### العضويات:

- نقابة الممرضين والممرضات والقابلات القانونيات. .1
- عضو لجان تحرير وتحكيم في العديد من المجلات العالمية. .2

#### المؤهلات العلمية:

- 1. البكالوريوس في التمريض/ الجامعة الأردنية
- 2. الماجستير في التمريض/ الصحة النفسية/ الجامعة الهاشمية
  - 3. الدكتوراة في التمريض/ الصحة النفسية/ الجامعة الأردنية

#### الأهداف المهنية:

الارتقاء بمهنة التمريض من خلال النهوض بالتعليم التمريضي والبحث العلمي وخدمة المجتمع.



#### الخبرات التدربسية:

2015-2011	جامعة الزرقاء	مدرس	.1
2021-2016	جامعة الزرقاء	أستاذ مساعد	.2
now-2021	جامعة الزرقاء	أستاذ مساعد	.3

#### الابحاث المنشورة والمقبولة للنشر:

#### **Articles Published or Accepted for Publications**

- 1- Rayan et al. (2025). Workplace Bullying and Its Association with Secondary Traumatic Stress and Turnover Intention among Emergency and Critical Care Nurses. Frontiers of Nursing. Accepted for publication.
- 2- Rayan, A. (2025). The Relationship between Trait Mindfulness and Depression Severity among People with Schizophrenia: The Role of Perceived Public Stigma toward Mental illness. *Journal of the American Psychiatric Nurses Association*. Accepted for publication.
- 3- Rayan, A. (2024). Stigma of mental illness: a comparative study of demographic and cultural correlates among nursing students and registered nurses in Jordan. *BMC nursing*, 23(1), 924.
- 4- Nakhal, M. A., Fawaz, M., Khabaz, K., Rayan, A., Hani, S. B., & ALBashtawy, M. (2024). Critical care nurses and their clinical reasoning for customizing monitor alarms: a mixed-method study. *Frontiers of Nursing*, 11(4).
- 5- Al-Sbehat, A. M., Eshah, N. F., Rayan, A. H., Abu Raddaha, A. H., Al Omari, O., & Alhalaiqa, F. (2024). The Association Between Intensive Care Unit Nurses' Perception of Nursing Professional Autonomy and Nursing Professionalism: A Descriptive Correlational Design. *SAGE Open Nursing*, *10*, 23779608241305720.
- 6- Al-Bustanji, M. F., Rayan, A., Eshah, N. F., Masa'deh, R., Baqeas, M. H., Rayyan, N., ... & ALBashtawy, M. (2024). Nurses' Perceptions of Nurse–Physician Collaboration and Quality of Care in Public Hospitals. *SAGE Open Nursing*, *10*, 23779608241286767.





- 7- Nassar, Y. M., Eshah, N., Al-Maqableh, H. O., Nashwan, A. J., Rayan, A., & Alhawajreh, M. J. (2024). Workplace resilience and compassionate care among Jordanian private sector nurses. BMC nursing, 23(1), 634.
- 8- Abualruz, H., Rayan, A., Al-Ghabeesh, S., Fawaz, M., Jaafeer, R., Qutami, B., & Alyami, H. (2024). The role of psychological factors on improving work engagement among nurses. *Frontiers in Psychology*, *15*, 1419855.
- 9- Mohammad, E. B., Al Eleiwah, A. A., Qurdahji, B. T., Rayan, A., Alshraideh, J. A., Al Hadid, L. A., ... & Jakalat, S. (2024). Oral Care and Positioning to Prevent Ventilator-Associated Pneumonia: A Systematic Review. *SAGE Open Nursing*, 10, 23779608241271699.
- 10- Al-Ghabeesh, S., Khalifeh, A. H., & Rayan, A. (2024). Evidence-based practice knowledge, attitude, practice and barriers as predictors of stay intent among Jordanian registered nurses: a cross-sectional study. *BMJ open*, *14*(7), e082173.
- 11- Alhamory, S., Khalaf, I., Alshraideh, J. A., Sumaqa, Y. A., Rayan, A., Kawafha, M., ... & Aldalaeen, M. O. (2024). Determinants of Disaster Competencies Among Jordanian Nurses in Public Hospitals. SAGE Open Nursing, 10, 23779608241288752.
- 12- Sumaqa, Y. A., Abu-Abbas, M., Khraisat, O., Rayan, A., & Abudari, M. O. (2024). Unmet health-care needs among Jordanian Roma with chronic diseases. Working with Older People, (ahead-of-print).
- 13- Abu Sumaqa, Y., Alhamory, S., Abu-Abbas, M., Rayan, A., Alradaydeh, M. F., Alrida, N., ... & Abd EINaeem, M. M. (2024). Jordanian nurses' competencies in providing community care during disaster: a cross-sectional survey. Working with Older People.
- 14- Al Eleiwah, A. A., Abdalrahim, M. S., Rayan, A., ALBashtawy, M., Hani, S. B., & ALBashtawy, S. (2024). Barriers to Pain Management as Perceived by Cancer and Noncancer Patients With Chronic Disease. *Pain Management Nursing*, 25(3), 294-299.
- 15-Eshah, N., Al Jabri, O. J., Aljboor, M. A., Abdalrahim, A., ALBashtawy, M., Alkhawaldeh, A., ... & Rayan, A. (2024). Workplace Violence Against Healthcare Workers: A Literature Review. *SAGE Open Nursing*, *10*, 23779608241258029.





- 16- Al-shatnawi, F. A. E., Ababneh, A. M. T., Elemary, F. M., Rayan, A., & Baqeas, M. H. (2024). Prevalence of cyberbullying perpetration and cyberbullying victimization among nursing students in Jordan. *SAGE open nursing*, *10*, 23779608241256509.
- 17- El Zein, S., Fawaz, M., Al-Shloul, M. N., Rayan, A., ALBashtawy, M. S., Khader, I. A., ... & Alshloul, D. M. (2024). Perceptions of Bedside Nurses Caring for Patients with Left Ventricular Assist Devices (LVAD): A Qualitative Study. *SAGE Open Nursing*, *10*, 23779608241252249.
- 18- Al-Ghabeesh, S. H., Mahmoud, M., Rayan, A., Alnaeem, M., & Algunmeeyn, A. (2024). Mindfulness, Social Support, and Psychological Distress Among Jordanian Burn Patients. *Journal of Burn Care & Research*, *45*(3), 685-691.
- 19- Abd Al-al, F., Eshah, N., Rayan, A., Bani Hani, S., ALBashtawy, M., Abdalrahim, A., & Alkhawaldeh, A. (2024). The association between workplace bullying and the mental health of Jordanian nurses and its predictors: A cross-sectional correlational study. Journal of Workplace Behavioral Health, 1-19.
- 20- Alomoush, A., Alkhawaldeh, A., ALBashtawy, M., Hamaideh, S., Abdelkader, R., Mohammad, K., ... & Al-Qudah, M. (2024). Self-Medication and its Associated Factors among University Students: A Cross-Sectional Study. *Iranian Journal of Nursing and Midwifery Research*, 29(2), 268-271.
- 21- Ababneh, A. M., Alrida, N., Abu-Abbas, M., Rayan, A., Abu Sumaqa, Y., Alhamory, S., & Al-Zu'bi, B. (2024). The Lived Experience of Family Support Among Women During and After Childbirth in Jordan: A Phenomenological Study. *SAGE Open Nursing*, 10, 23779608241240137.
- 22- Heif, D. M., Masa'Deh, R., AbuRuz, M. E., Hamaideh, S. H., Rayan, A., & Al-Yateem, N. (2024). The Effect of Benson's Relaxation Technique on Fatigue and Quality of Life of Patients Diagnosed With Heart Failure. *Holistic Nursing Practice*, 38(2), 85-92.
- 23- Rayan, A., Al-Ghabeesh, S. H., Fawaz, M., Behar, A., & Toumi, A. (2024). Experiences, barriers and expectations regarding current patient monitoring systems among ICU nurses in a University Hospital in Lebanon: a qualitative study. *Frontiers in Digital Health*, 6, 1259409.
- 24- Al-Ghabeesh, S., Alnaeem, M., & Rayan, A. (2024). The Relationship Between





- Patients' Overall ICU Experiences, Psychological Distress, and Sleep Quality Among Jordanian Burn Patients: A Cross-Sectional Study. *Cureus*, *16*(2).
- 25- Assi, H., Rayan, A., Eshah, N. F., Albashtawy, M., & Al-Ghabeesh, S. H. (2024). Nurse Managers' Authentic Leadership and their Relationship with Work Engagement among Registered Nurses. In *Nursing Forum* (Vol. 2024, No. 1, p. 7523906). Hindawi.
- 26- Alkhawaldeh, A., Alsaraireh, M., ALBashtawy, M., Rayan, A., Khatatbeh, M., Alshloul, M., ... & Alhroub, N. (2024). Assessment of Cognitive Impairment and Related Factors Among Elderly People in Jordan. *Iranian Journal of Nursing and Midwifery Research*, 29(1), 120-124.
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- 28- Rayan, A., Eshah, N., Shosha, G. A., Dardas, L., & Wainwright, K. (Eds.). (2023). Proceedings of the Second International Nursing Conference" Nursing Profession in the Current Era"(INC 2023) (Vol. 67). Springer Nature.
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- 30- Saleh, A., Sarhan, W., Jabri, A., Amin, M., Awadi, T., Eshah, N., & Rayan, A. (2023, October). Strategies Combating Workplace Incivility: An Integrative Review of Literature. In *Second International Nursing Conference" Nursing Profession in the Current Era" (INC 2023)* (pp. 95-113). Atlantis Press.
- 31- Abualbasal, N., Abualbasal, R., Almomani, H., Rayan, A., & Eshah, N. (2023, October). Psychological Impact and Fear of the COVID-19 Pandemic Among Frontline Registered Nurses in Jordanian Hospital: A Cross-Sectional Study. In Second International Nursing Conference" Nursing Profession in the Current Era"(INC 2023) (pp. 140-154). Atlantis Press.
- 32- Kassab, M., Sabrah, E. F., Smadi, A., Rayan, A., Baqeas, M. H., R. AlOsta, M.,





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- 33-Rayan, A. H. (2023). Association between authentic leadership in nurse managers and performance and intention to leave among registered nurses. *Journal of Nursing Research*, *31*(5), e293.
- 34- Rayan, A., Eshah, N., Shosha, G. A., Dardas, L., & Wainwright, K. (Eds.). (2023). *Proceedings of the Second International Nursing Conference" Nursing Profession in the Current Era"* (INC 2023) (Vol. 67). Springer Nature.
- 35-Ghabayen, F., ALBashtawy, M., Abdelkader, R. H., Jarrah, S., Eshah, N., Abdalrahim, A., ... & Dameery, K. A. (2023). Knowledge and Compliance With Standard Precautions Among Nurses. *SAGE open nursing*, *9*, 23779608231189966.
- 36- Sumaqa, Y. A., Hayajneh, F. A., Alhamory, S., Rayan, A., Alnaeem, M., Al Tarawneh, T. R., ... & Ayasreh, I. R. (2023). Consequences of Psychological Aspects: From Jordanian Heart Failure Patients' Beliefs. *SAGE open nursing*, *9*, 23779608231189128.
- 37- Alkhawaldeh, A., ALBashtawy, M., Rayan, A., Abdalrahim, A., Musa, A., Eshah, N., ... & Khraisat, O. (2023). Application and Use of Andersen's Behavioral Model as Theoretical Framework: A Systematic Literature Review from 2012–2021. *Iranian Journal of Public Health*, *52*(7), 1346.
- 38- Al-Hassan, N. S., Rayan, A. H., Baqeas, M. H., Hamaideh, S. H., & Khrais, H. (2023). Authentic leadership and its role in registered nurses' mental health and experiences of workplace bullying. *SAGE open nursing*, *9*, 23779608231185919.
- 39- Abu Dawass, M., Khrais, H., Rayan, A., & Jaber, M. (2023). The functionality of unit practice councils and its relationship with nurses' accountability: A cross-sectional study. *Nursing open*, *10*(7), 4721-4727.
- 40-Masa'deh, R., Momani, A., Rayan, A., Hamaideh, S. H., Masadeh, O. M., & Al-Yateem, N. (2023). COVID-19 vaccine hesitancy among women planning for pregnancy, pregnant or breastfeeding mothers in Jordan: A cross-sectional study. *PLoS One*, *18*(6), e0286289.





- 41- Rayan, A. (2023). Psychological impacts of transition to distance learning due to COVID-19 on nursing students. *International Journal of Mental Health Nursing*, 32(3), 767-777.
- 42- Morra, S., Fawaz, M., Rayan, A., Malak, M. Z., Abdalrahim, A., Al-Amer, R., ... & Alkhawaldeh, A. (2023). Psychological reactions of Lebanese nurses to workplace violence in critical care units. *SAGE open nursing*, *9*, 23779608231177800.
- 43- Al-Ghabeesh, S. H., Thabet, A., Rayan, A., & Abu-Snieneh, H. M. (2023). Qualitative study of challenges facing emergency departments nurses in Jordan. *Heliyon*, 9(3).
- 44-Rayan, A., Eshah, N. F., & Froelicher, E. S. (2023). Factors Predicting Dependence on Waterpipe Smoking Among Waterpipe Exclusive Smokers. *Journal of Addictions Nursing*, *34*(1), 23-29.
- 45- Hamadneh, J., Hamadneh, S., ALBashtawy, M., Alkhawaldeh, A., Bashtawi, M., Alshloul, M., ... & Abdalrahim, A. (2022). Impact of COVID-19 on perinatal mental health among pregnant mothers infected with COVID-19, during the first wave of the epidemic in Jordan. *Heliyon*, 8(12), e12017.
- 46- Jaber, S., Fawaz, M., Rayan, A., Alhroub, N., Suliman, M., ALBashtawy, M., ... & Alkhawaldeh, A. (2022). Relationship between Nurses' Attitudes and Satisfaction with Bedside Shift Reports and Patient Safety Culture. *Nurse Media Journal of Nursing*, *12*(3), 414-422.
- 47- Abu-Horirrah, H. A., Rayan, A. H., Eshah, N. F., ALBashtawy, M. S. D., & Masa'deh, R. (2022). The association of mindfulness with professional quality of life and negative emotional states among critical care nurses during COVID-19 pandemic. In *Nursing Forum* (Vol. 57, No. 6, pp. 1381-1389).
- 48- Khatib, W. E., Fawaz, M., Al-Shloul, M. N., Rayan, A., ALBashtawy, M., Al-Amer, R. M., ... & Khatatbeh, M. (2022). Critical Care Nurses' Experiences During the Illness of Family Members: A Qualitative Study. *SAGE Open Nursing*, 8, 23779608221132169.
- 49- Al-Ghabeesh, S. H., Al-Awayssa, R. M., Rayan, A. H., & Assaf, E. A. (2022). Perceived Occupational Stressors and the General Health of Critical Care Nurses During COVID-19 Pandemic. *SAGE Open Nursing*, 8,





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- 50-Rayan, A., Harb, A. M., Baqeas, M. H., Al. Khashashneh, O. Z., & Harb, E. (2022). The Relationship of Family and School Environments with Depression, Anxiety, and Stress Among Jordanian Students: A Cross-Sectional Study. SAGE Open Nursing, 8, 23779608221138432.
- 51- AlShatarat, M., Rayan, A., Eshah, N. F., Baqeas, M. H., Jaber, M. J., & ALBashtawy, M. (2022). Triage Knowledge and Practice and Associated Factors Among Emergency Department Nurses. SAGE Open Nursing, 8, 23779608221130588.
- 52-Badwan, M., Eshah, N., & Ahmad, R. (2022). The role of organizational support in work engagement among nurses working in intensive care units. *Journal of Holistic Nursing And Midwifery*, 32(4), 301-308.
- 53-Smama'h, Y., Eshah, N. F., Al-Oweidat, I. A., Rayan, A., & Nashwan, A. J. (2023). The Impact of Leadership Styles of Nurse Managers on Nurses' Motivation and Turnover Intention Among Jordanian Nurses. *Journal of* Healthcare Leadership, 19-29.
- 54- Assi, M. D., Eshah, N. F., & Rayan, A. (2022). The Relationship Between Mindfulness and Conflict Resolution Styles Among Nurse Managers: A Cross-Sectional Study. SAGE Open Nursing, 8, 23779608221142371.
- 55- Al-Ajarmeh, D. O., Rayan, A. H., Eshah, N. F., & Al-Hamdan, Z. M. (2022). Nurse–nurse collaboration and performance among nurses in intensive care units. Nursing in Critical Care, 27(6), 747-755.
- 56-Rayan, A. (2022). Cultural Misconceptions, Attitudes, Knowledge, and Beliefs About Mental Illness Among Jordanian Nurses Working in Psychiatric Units. *The Journal of Continuing Education in Nursing*, *53*(11), 513-520.
- 57- Abusamra, A., Rayan, A. H., Obeidat, R. F., Hamaideh, S. H., Baqeas, M. H., & ALBashtawy, M. (2022). The Relationship Between Nursing Care Delivery Models, Emotional Exhaustion, and Quality of Nursing Care Among Jordanian Registered Nurses. SAGE Open Nursing, 8, 23779608221124292.
- 58-Omoush, A., Aloush, S., ALBashtawy, M., Rayan, A., Alkhawaldeh, A., Eshah, N., ... & Al Omari, O. (2022, September). Nurses' knowledge of anticoagulation therapy for atrial fibrillation patients: Effectiveness of an educational course.



#### جامعة الزرقاء - الأردن



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- 59- Rayan, A., Eshah, N., Froelicher, E. (2023). Factors Predicting Dependence on Waterpipe Smoking among Waterpipe Exclusive Smokers. *Journal of Addictions Nursing* (Accepted for publication).
- 60- Amro, F. M., Rayan, A. H., Eshah, N. F., & ALBashtawy, M. S. D. (2022). Knowledge, Attitude, and Practices Concerning Covid-19 Preventive Measures Among Healthcare Providers in Jordan. *SAGE Open Nursing*, 8, 23779608221106422.
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- 62-Rayan, A., Hussni Al-Ghabeesh, S., & Qarallah, I. (2022). Critical Care Nurses' Attitudes, Roles, and Barriers Regarding Breaking Bad News. *SAGE Open Nursing*, 8, 23779608221089999
- 63- Al-Ghabeesh, S. H., Rayan, A., Hattab, F., & Jarrar, Y. (2022). Mindfulness and psychological distress among hemodialysis patients. *Psychology, Health & Medicine*, 27(4), 917-924.
- 64- Harb, A., Rayan, A., & Al. khashashneh, O. Z. (2021). The relationship between workplace bullying and positive mental health among registered nurses. *Journal of the American Psychiatric Nurses Association*, 27(6), 450-457.
- 65- Al-Rawashdeh, A. B., Alnjadat, R. M., Younis, M. B., Rayan, A., Harb, A., & Al-Aaraj, H. (2021). Cultural Misconceptions and Public Stigma about Mental Illness. *Indian Journal of Forensic Medicine & Toxicology*, *15*(2), 1873.
- 66- Alhalaiqa, F., Masa'Deh, R., Al-Yami, M., Al-Ghabeesh, S., Rayan, A., Shawashreh, A., & Al-Omari, O. (2021). Perceived stress among university students: Syrian refugees versus Jordanians. *Journal of Public Health*, 29(6), 1477-1486.
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- 69-Ta'an, W. A. F., Al-Dwaikat, T. N., Dardas, K., & Rayan, A. H. (2020). The relationship between occupational stress, psychological distress symptoms, and social support among Jordanian healthcare professionals. *Nursing Forum*, 55 (4), 763-771.
- 70- Rayan, A., & Aldaieflih, M. T. (2019). Public stigma toward mental illness and its correlates among patients diagnosed with schizophrenia. *Contemporary Nurse*, *55*(6), 522-532.
- 71- Al-Hamdan, Z., Adnan Al-Ta'amneh, I., Rayan, A., & Bawadi, H. (2019). The impact of emotional intelligence on conflict management styles used by jordanian nurse managers. *Journal of nursing management*, 27(3), 560-566.
- 72- Rayan, A., & Mo'men SISAN, O. B. (2019). Stress, workplace violence, and burnout in nurses working in King Abdullah Medical City during Al-Hajj season. *The Journal of Nursing Research*, 27(3), e26.
- 73- Al-Ghabeesh, S. H., Al-Kalaldah, M., Rayan, A., Al-Rifai, A., & Al-Halaiqa, F. (2019). Psychological distress and quality of life among Jordanian women diagnosed with breast cancer: The role of trait mindfulness. *European journal of cancer care*, 28(5), e13082.
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- 86-Higazee, M. Z. A., Goda, S., Ziedeen, K., & Rayan, A. (2018). Nurses' Experience of Burnout: A Consequence of Workplace Violence in Selected Settings, IOSR Journal of Nursing and Health Science (IOSR-JNHS), 7 (4), 43-





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- 88- Rayan, A. (2017). Suicide Risk Assessment and Management for Adults with Major Depressive Disorder, *International Journal of Nursing and Health Science*, *4* (6), 63-70
- 89- Rayan, A., & Obiedate, K. (2017). The correlates of quality of life among Jordanian patients with schizophrenia. *Journal of the American Psychiatric Nurses Association*, 23(6), 404-413.
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- 92- Laila, A. D., Rayan, A., Abu-Snieneh, H., Al-Dweik, G., Atoum, M., Katib, A., & Mogli, F. A. (2017). Policy Development: Family Presence during Resuscitation (FPDR) Procedure. *International Journal of Nursing and Health Science*, 4(2), 22-30.
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15/3/2022.

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## جامعة الزرقاء - الأردن

Organizing Institution



#### المؤتمرات العلمية:

Conference

π	rapei iitie	Organizing matitution	Comercial	
- Fir	st International Nursing Conference	(FONC); Trends in nursing at A	Al-Zaytoonah	
Un	University of Jordan / May 8-9, 2024/Amman, Jordan (Attendance).			
- Th	The Third International Scientific Nursing Conference /Towards improving quality of			
hea	health care, at Philadelphia University, 21-23/April/2024 / Amman, Jordan			
(At	tendance).			
- Th	e Second International Nursing Conf	Ference (INC 2023)/Nursing Pro	ofession in the	
Cu	rrent Era"/ 17-18/5/2023/ Zarqa Uni	versity /Jordan /paper presentat	ion.	
- Th	e Second International Nursing Conf	Ference (INC 2023)/ Nursing Pr	ofession in the	
Cu	rrent Era"/ 17-18/5/2023/ Zarqa Uni	versity /Jordan /Conference Ch	air.	
	air: third Scientific Day, Nursing Ed	$\boldsymbol{\varepsilon}$		
Les	sons Learned and Recommended St	rategies/ Faculty of Nursing - Z	Larqa University	

- The International Nursing Conference Nurses A Voice to Lead: Investing in Nursing for Health Security (2022). Bahrin. (Attendance).
- Presenter at the first international nursing conference (2016)- Zarqa University/Jordan with a paper entitled: Stress, Anxiety, and Depression Among Jordanian Parents of Children with Autism Spectrum Disorder
- Organizing member of the first international nursing conference (2016)- Zarqa University/Jordan.
- Participation in two papers in the 2nd World Conference on Health Sciences (H-SCI 2015) in Turkey.
- Presenter in the MED-HEALTH Final International Conference in Public Health Management and Practice, from 29-30 September 2018 in Hammamet, Tunisia.
- Session Moderator: Second Scientific Day, Faculty of Nursing Zarqa University 15/3/2018.
- Presenter at the 2nd International Conference on Psychiatry and Psychiatric Disorders, held from May 2-4, 2016, in Chicago, Illinois, USA.
- Speaker at the Seventh Scientific Day for Hamdi Mango Center for Scientific Research, April 2017, The University of Jordan

#### المعلومات الشخصية:

الأردنية	:	الجنسية
متزوج	:	الحالة الاجتماعية





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