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Academic Rank: Associate Professor

Membership:

Examinations Committee
Graduate Studies Council
Nursing Faculty Council
Graduate Students Committee
Library Committee
Cultural Committee
Community Service Committee
Clinical Training Committee
Study Plan Committee (Faculty Level)
Study Plan Committee (University Level)
Research Committee
First International Nursing Conference / Faculty of Nursing / Scientific Committee
Second International Nursing Conference / Faculty of Nursing / Head of the conference
Head of Nursing Advisory Committee at Zarqa University.
Strategic Planning Committee
Quality Assurance Committee
Allied Health Sciences Faculty Council
Clinical Training Exam Committee
Medical Day Committees (Head and Member)
Internal Audit Committee for ISO 9001:2015
University Quality Report Preparation Committee
<u>Committee for the Development of a Doctoral Program</u>
<u>Committee for the Development of a Master's Nursing Program</u>

Qualifications:



2012- 2016	The University of Jordan- Faculty of Nursing – Jordan (PhD/ Psychiatric and Mental Health Nursing) GPA: 4/4 (Excellent)
2010-2011	The Hashemite University-Faculty of Nursing –Jordan MSc. Psychiatric and Mental Health Nursing GPA: 3.84/4 (Excellent)
2005-2009	The University of Jordan-Faculty of Nursing – Jordan B.Sc. Nursing GPA: 3.85/4 (Excellent)
2004- 2005	Al-Hussein Secondary College- Jordan The General Secondary Certificate (Scientific Stream) Average: 91.1% (Excellent).

Professional Objective(s):

Dynamic nursing leader and researcher with PhDc and over 15 years of academic and clinical experience in nursing, seeking to advance nursing education and practice. Key goals include:

- Elevate nursing education through innovative research on mental health and workplace well-being, targeting 200+ Scopus publications and top global citations.
- Lead faculty accreditation, curriculum development, and international collaborations to enhance program quality.
- Mentor graduate students and foster evidence-based practice via funded projects, workshops, and community initiatives addressing psychological distress and nursing resilience.
- Contribute to policy and quality improvement in healthcare through high-impact studies on nurse engagement, stigma reduction, and patient-centered care.

Teaching Experience:



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1	2010	Until now	Zarqa University/Faculty of Nursing

Publications:

1-	Algharram, D., Rayan, A., Bageas, M. H., Alhalaiqa, F., Khraim, F., Aldirawi, A., et al. (2026). Exploring role discrepancies among Jordanian nurses: Implications for continuing education and workforce policy. <i>The Journal of Continuing Education in Nursing</i> , 57(3), 130–136.
2-	Al-Ghabeesh, S., Rayan, A., Assaf, E. A., Fawaz, M., AlBay, A., & Alyami, H. (2026). Understanding weight regain: Insights from Saudi patients on factors influencing post-metabolic and bariatric surgery outcomes: A qualitative study. <i>PLoS ONE</i> , 21(2), e0340120.
3-	Al-Fuqaha, O. N., Rayan, A., Bageas, M. H., Alqadrie, W. T., Alhalaiqa, F., et al. (2025). Job satisfaction and job performance among critical care nurses: The moderating role of work engagement in public hospitals. <i>Risk Management and Healthcare Policy</i> , 3311–3327.
4-	Rayan, A., Al-Jaafreh, I., Bageas, M. H., Alhalaiqa, F., Al-Ghabeesh, S., & Alyami, H. (2025). Influence of organizational culture on nursing perception of quality of healthcare services and intent to stay among nurses employed in public hospitals: A cross-sectional study. <i>Applied Nursing Research</i> , 152042.
5-	Rayan, A., Al-Ghabeesh, S., Abu Sabra, M. A., Fawaz, M., Zeitoun, Y., & Alyami, H. (2025). The association between spiritual well-being and burnout in intensive care unit nurses in Lebanon: A cross-sectional, correlational and descriptive study. <i>Journal of Religion and Health</i> , 1–17.
6-	Rayan, A. (2025). The relationship between trait mindfulness and depression severity among people with schizophrenia: The role of perceived public stigma toward mental illness. <i>Journal of the American Psychiatric Nurses Association</i> , 31(4), 412–420.
7-	Rayan, A., Sisan, M., Nashwan, A., Deeb, A. M., Awad, M., & Bageas, M. (2025). To what extent do cancer centres in Arab countries adhere to ASCO/ONS chemotherapy administration safety standards? A multicentre cross-sectional study. <i>BMJ Open</i> , 15(7), e095072.
8-	Alsobou, N., Rayan, A. H., Bageas, M. H., ALBashtawy, M. S., Oweidat, I. A., et al. (2025). The relationship between patient safety culture and attitudes toward incident reporting among registered nurses. <i>BMC Health Services Research</i> , 25(1), 612.
9-	Mashsha, S., Rayan, A., Bageas, M. H., Al-Ghabeesh, S. H., Sumaqa, Y. A., et al. (2025). Workplace bullying and its association with secondary traumatic stress and turnover intention among emergency and critical care nurses. <i>Frontiers of Nursing</i> , 12(1), 79–89.
10-	Al Manaseer, T. R., Eshah, N. F., Rayan, A., & Khalifeh, A. H. (2025). The Professional Self-Concept and Problem-Solving Ability in Different Career Stages Among Jordanian Registered Nurses. <i>Hospital Topics</i> , 1-10.



11- Alrida, N., Ababneh, A., Salahat, M., Sumaqa, Y. A., Rayan, A., Al-Zu'bi, B., & Abu-Abbas, M. (2025). Prevalence and risk factors of obstetric violence among Jordanian women: a cross-sectional study. <i>Med Glas (Zenica)</i> , 22(1).
12- Abu Sumaqa, Y., Alhamory, S., Abu-Abbas, M., Rayan, A., Alradaydeh, M. F., Alrida, N., ... & Abd EINaem, M. M. (2025). Jordanian nurses' competencies in providing community care during disaster: a cross-sectional survey. <i>Working with Older People</i> , 29(1), 75-85.
13- Mashsha, S., Rayan, A., Baqeas, M. H., Al-Ghabeesh, S. H., Sumaqa, Y. A., & Alrida, N. A. (2025). Workplace bullying and its association with secondary traumatic stress and turnover intention among emergency and critical care nurses. <i>Frontiers of Nursing</i> , 12(1).
14- Abd Al-al, F., Eshah, N., Rayan, A., Bani Hani, S., ALBashtawy, M., Abdalrahim, A., & Alkhawaldeh, A. (2025). The association between workplace bullying and the mental health of Jordanian nurses and its predictors: A cross-sectional correlational study. <i>Journal of Workplace Behavioral Health</i> , 40(1), 65-83.
15- Rayan, A. (2025). The Relationship between Trait Mindfulness and Depression Severity among People with Schizophrenia: The Role of Perceived Public Stigma toward Mental illness. <i>Journal of the American Psychiatric Nurses Association</i> . Accepted for publication.
16- Rayan, A. (2024). Stigma of mental illness: a comparative study of demographic and cultural correlates among nursing students and registered nurses in Jordan. <i>BMC nursing</i> , 23(1), 924.
17- Nakhal, M. A., Fawaz, M., Khabaz, K., Rayan, A., Hani, S. B., & ALBashtawy, M. (2024). Critical care nurses and their clinical reasoning for customizing monitor alarms: a mixed-method study. <i>Frontiers of Nursing</i> , 11(4).
18- Al-Sbehat, A. M., Eshah, N. F., Rayan, A. H., Abu Raddaha, A. H., Al Omari, O., & Alhalaiqa, F. (2024). The Association Between Intensive Care Unit Nurses' Perception of Nursing Professional Autonomy and Nursing Professionalism: A Descriptive Correlational Design. <i>SAGE Open Nursing</i> , 10, 23779608241305720.
19- Al-Bustanji, M. F., Rayan, A., Eshah, N. F., Masa'deh, R., Baqeas, M. H., Rayyan, N., ... & ALBashtawy, M. (2024). Nurses' Perceptions of Nurse-Physician Collaboration and Quality of Care in Public Hospitals. <i>SAGE Open Nursing</i> , 10, 23779608241286767.
20- Nassar, Y. M., Eshah, N., Al-Maqableh, H. O., Nashwan, A. J., Rayan, A., & Alhawajreh, M. J. (2024). Workplace resilience and compassionate care among Jordanian private sector nurses. <i>BMC nursing</i> , 23(1), 634.
21- Abualruz, H., Rayan, A., Al-Ghabeesh, S., Fawaz, M., Jaafeer, R., Qutami, B., & Alyami, H. (2024). The role of psychological factors on improving work engagement among nurses. <i>Frontiers in Psychology</i> , 15, 1419855.
22- Mohammad, E. B., Al Eleiwah, A. A., Qurdahji, B. T., Rayan, A., Alshraideh, J. A., Al Hadid, L. A., ... & Jakalat, S. (2024). Oral Care and Positioning to Prevent Ventilator-Associated Pneumonia: A Systematic Review. <i>SAGE Open Nursing</i> , 10, 23779608241271699.
23- Al-Ghabeesh, S., Khalifeh, A. H., & Rayan, A. (2024). Evidence-based practice knowledge, attitude, practice and barriers as predictors of stay intent among Jordanian registered nurses: a cross-sectional study. <i>BMJ open</i> , 14(7), e082173.
24- Alhamory, S., Khalaf, I., Alshraideh, J. A., Sumaqa, Y. A., Rayan, A., Kawafha, M., ... & Aldalaeen, M. O. (2024). Determinants of Disaster Competencies Among Jordanian Nurses in Public Hospitals. <i>SAGE Open Nursing</i> , 10, 23779608241288752.
25- Sumaqa, Y. A., Abu-Abbas, M., Khraisat, O., Rayan, A., & Abudari, M. O. (2024). Unmet health-care needs among Jordanian Roma with chronic diseases. <i>Working with Older People</i> ,



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26- Al Eleiwah, A. A., Abdalrahim, M. S., Rayan, A., ALBashtawy, M., Hani, S. B., & ALBashtawy, S. (2024). Barriers to Pain Management as Perceived by Cancer and Noncancer Patients With Chronic Disease. <i>Pain Management Nursing</i> , 25(3), 294-299.
27- Eshah, N., Al Jabri, O. J., Aljboor, M. A., Abdalrahim, A., ALBashtawy, M., Alkhawaldeh, A., ... & Rayan, A. (2024). Workplace Violence Against Healthcare Workers: A Literature Review. <i>SAGE Open Nursing</i> , 10, 23779608241258029.
28- Al-shatnawi, F. A. E., Ababneh, A. M. T., Elemery, F. M., Rayan, A., & Baqeas, M. H. (2024). Prevalence of cyberbullying perpetration and cyberbullying victimization among nursing students in Jordan. <i>SAGE open nursing</i> , 10, 23779608241256509.
29- El Zein, S., Fawaz, M., Al-Shloul, M. N., Rayan, A., ALBashtawy, M. S., Khader, I. A., ... & Alshloul, D. M. (2024). Perceptions of Bedside Nurses Caring for Patients with Left Ventricular Assist Devices (LVAD): A Qualitative Study. <i>SAGE Open Nursing</i> , 10, 23779608241252249.
30- Al-Ghabeesh, S. H., Mahmoud, M., Rayan, A., Alnaeem, M., & Algunmeeyn, A. (2024). Mindfulness, Social Support, and Psychological Distress Among Jordanian Burn Patients. <i>Journal of Burn Care & Research</i> , 45(3), 685-691.
31- Alomoush, A., Alkhawaldeh, A., ALBashtawy, M., Hamaideh, S., Abdelkader, R., Mohammad, K., ... & Al-Qudah, M. (2024). Self-Medication and its Associated Factors among University Students: A Cross-Sectional Study. <i>Iranian Journal of Nursing and Midwifery Research</i> , 29(2), 268-271.
32- Ababneh, A. M., Alrida, N., Abu-Abbas, M., Rayan, A., Abu Sumaqa, Y., Alhamory, S., & Al-Zu'bi, B. (2024). The Lived Experience of Family Support Among Women During and After Childbirth in Jordan: A Phenomenological Study. <i>SAGE Open Nursing</i> , 10, 23779608241240137.
33- Heif, D. M., Masa'Deh, R., AbuRuz, M. E., Hamaideh, S. H., Rayan, A., & Al-Yateem, N. (2024). The Effect of Benson's Relaxation Technique on Fatigue and Quality of Life of Patients Diagnosed With Heart Failure. <i>Holistic Nursing Practice</i> , 38(2), 85-92.
34- Rayan, A., Al-Ghabeesh, S. H., Fawaz, M., Behar, A., & Toumi, A. (2024). Experiences, barriers and expectations regarding current patient monitoring systems among ICU nurses in a University Hospital in Lebanon: a qualitative study. <i>Frontiers in Digital Health</i> , 6, 1259409.
35- Al-Ghabeesh, S., Alnaeem, M., & Rayan, A. (2024). The Relationship Between Patients' Overall ICU Experiences, Psychological Distress, and Sleep Quality Among Jordanian Burn Patients: A Cross-Sectional Study. <i>Cureus</i> , 16(2).
36- Assi, H., Rayan, A., Eshah, N. F., Albashtawy, M., & Al-Ghabeesh, S. H. (2024). Nurse Managers' Authentic Leadership and their Relationship with Work Engagement among Registered Nurses. In <i>Nursing Forum</i> (Vol. 2024, No. 1, p. 7523906). Hindawi.
37- Alkhawaldeh, A., Alsaraireh, M., ALBashtawy, M., Rayan, A., Khatatbeh, M., Alshloul, M., ... & Alhroub, N. (2024). Assessment of Cognitive Impairment and Related Factors Among Elderly People in Jordan. <i>Iranian Journal of Nursing and Midwifery Research</i> , 29(1), 120-124.
38- Jakalat, S. S., Salameh, T., Al Tarawneh, T., Shatnawi, F., Al-ja'freh, S., Rayan, A., ... & Al Hadid, L. (2024). Nurses' and Midwives' Awareness of the Recommended Breastfeeding Practices During the Pandemic of COVID-19 and the Associated Factors in Jordan. <i>SAGE Open Nursing</i> , 10, 23779608231220281.



39- Rayan, A., Eshah, N., Shosha, G. A., Dardas, L., & Wainwright, K. (Eds.). (2023). Proceedings of the Second International Nursing Conference" Nursing Profession in the Current Era"(INC 2023) (Vol. 67). Springer Nature.
40- Salloum, A., Fawaz, M., Rayan, A., Hamaideh, S. H., Hani, S. B., ALBashtawy, M., ... & ALBashtawy, S. D. (2023). Extracorporeal Membrane Oxygenation and Lebanese Critical Care Nurses' Perceptions: A Qualitative Phenomenological Study. <i>SAGE Open Nursing</i> , 9, 23779608231216797.
41- Saleh, A., Sarhan, W., Jabri, A., Amin, M., Awadi, T., Eshah, N., & Rayan, A. (2023, October). Strategies Combating Workplace Incivility: An Integrative Review of Literature. In <i>Second International Nursing Conference" Nursing Profession in the Current Era"(INC 2023)</i> (pp. 95-113). Atlantis Press.
42- Abualbasal, N., Abualbasal, R., Almomani, H., Rayan, A., & Eshah, N. (2023, October). Psychological Impact and Fear of the COVID-19 Pandemic Among Frontline Registered Nurses in Jordanian Hospital: A Cross-Sectional Study. In <i>Second International Nursing Conference" Nursing Profession in the Current Era"(INC 2023)</i> (pp. 140-154). Atlantis Press.
43- Kassab, M., Sabrah, E. F., Smadi, A., Rayan, A., Baqas, M. H., R. AlOsta, M., ... & Hamadneh, S. (2023). Cardiovascular Disease Risk Factors Awareness among Women with a History of Preeclampsia in Jordan. <i>SAGE Open Nursing</i> , 9, 23779608231207223.
44- Rayan, A. H. (2023). Association between authentic leadership in nurse managers and performance and intention to leave among registered nurses. <i>Journal of Nursing Research</i> , 31(5), e293.
45- Rayan, A., Eshah, N., Shosha, G. A., Dardas, L., & Wainwright, K. (Eds.). (2023). <i>Proceedings of the Second International Nursing Conference" Nursing Profession in the Current Era"(INC 2023)</i> (Vol. 67). Springer Nature.
46- Ghabayen, F., ALBashtawy, M., Abdelkader, R. H., Jarrah, S., Eshah, N., Abdalrahim, A., ... & Dameery, K. A. (2023). Knowledge and Compliance With Standard Precautions Among Nurses. <i>SAGE open nursing</i> , 9, 23779608231189966.
47- Sumaqa, Y. A., Hayajneh, F. A., Alhamory, S., Rayan, A., Alnaeem, M., Al Tarawneh, T. R., ... & Ayasreh, I. R. (2023). Consequences of Psychological Aspects: From Jordanian Heart Failure Patients' Beliefs. <i>SAGE open nursing</i> , 9, 23779608231189128.
48- Alkhawaldeh, A., ALBashtawy, M., Rayan, A., Abdalrahim, A., Musa, A., Eshah, N., ... & Khraisat, O. (2023). Application and Use of Andersen's Behavioral Model as Theoretical Framework: A Systematic Literature Review from 2012–2021. <i>Iranian Journal of Public Health</i> , 52(7), 1346.
49- Al-Hassan, N. S., Rayan, A. H., Baqas, M. H., Hamaideh, S. H., & Khrais, H. (2023). Authentic leadership and its role in registered nurses' mental health and experiences of workplace bullying. <i>SAGE open nursing</i> , 9, 23779608231185919.
50- Abu Dawass, M., Khrais, H., Rayan, A., & Jaber, M. (2023). The functionality of unit practice councils and its relationship with nurses' accountability: A cross-sectional study. <i>Nursing open</i> , 10(7), 4721-4727.
51- Masa'deh, R., Momani, A., Rayan, A., Hamaideh, S. H., Masadeh, O. M., & Al-Yateem, N. (2023). COVID-19 vaccine hesitancy among women planning for pregnancy, pregnant or breastfeeding mothers in Jordan: A cross-sectional study. <i>PLoS One</i> , 18(6), e0286289.
52- Rayan, A. (2023). Psychological impacts of transition to distance learning due to COVID-19 on nursing students. <i>International Journal of Mental Health Nursing</i> , 32(3), 767-777.



53- Morra, S., Fawaz, M., Rayan, A., Malak, M. Z., Abdalrahim, A., Al-Amer, R., ... & Alkhawaldeh, A. (2023). Psychological reactions of Lebanese nurses to workplace violence in critical care units. <i>SAGE open nursing</i> , 9, 23779608231177800.
54- Al-Ghabeesh, S. H., Thabet, A., Rayan, A., & Abu-Snieneh, H. M. (2023). Qualitative study of challenges facing emergency departments nurses in Jordan. <i>Heliyon</i> , 9(3).
55- Rayan, A., Eshah, N. F., & Froelicher, E. S. (2023). Factors Predicting Dependence on Waterpipe Smoking Among Waterpipe Exclusive Smokers. <i>Journal of Addictions Nursing</i> , 34(1), 23-29.
56- Hamadneh, J., Hamadneh, S., ALBashtawy, M., Alkhawaldeh, A., Bashtawi, M., Alshloul, M., ... & Abdalrahim, A. (2022). Impact of COVID-19 on perinatal mental health among pregnant mothers infected with COVID-19, during the first wave of the epidemic in Jordan. <i>Heliyon</i> , 8(12), e12017.
57- Jaber, S., Fawaz, M., Rayan, A., Alhroub, N., Suliman, M., ALBashtawy, M., ... & Alkhawaldeh, A. (2022). Relationship between Nurses' Attitudes and Satisfaction with Bedside Shift Reports and Patient Safety Culture. <i>Nurse Media Journal of Nursing</i> , 12(3), 414-422.
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61- Rayan, A., Harb, A. M., Baqeas, M. H., Al. Khashashneh, O. Z., & Harb, E. (2022). The Relationship of Family and School Environments with Depression, Anxiety, and Stress Among Jordanian Students: A Cross-Sectional Study. <i>SAGE Open Nursing</i> , 8, 23779608221138432.
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64- Smama'h, Y., Eshah, N. F., Al-Oweidat, I. A., Rayan, A., & Nashwan, A. J. (2023). The Impact of Leadership Styles of Nurse Managers on Nurses' Motivation and Turnover Intention Among Jordanian Nurses. <i>Journal of Healthcare Leadership</i> , 19-29.
65- Assi, M. D., Eshah, N. F., & Rayan, A. (2022). The Relationship Between Mindfulness and Conflict Resolution Styles Among Nurse Managers: A Cross-Sectional Study. <i>SAGE Open Nursing</i> , 8, 23779608221142371.
66- Al-Ajarmeh, D. O., Rayan, A. H., Eshah, N. F., & Al-Hamdan, Z. M. (2022). Nurse-nurse collaboration and performance among nurses in intensive care units. <i>Nursing in Critical Care</i> , 27(6), 747-755.



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68- Abusamra, A., Rayan, A. H., Obeidat, R. F., Hamaideh, S. H., Baqeas, M. H., & ALBashtawy, M. (2022). The Relationship Between Nursing Care Delivery Models, Emotional Exhaustion, and Quality of Nursing Care Among Jordanian Registered Nurses. <i>SAGE Open Nursing</i> , 8, 23779608221124292.
69- Omoush, A., Aloush, S., ALBashtawy, M., Rayan, A., Alkhawaldeh, A., Eshah, N., ... & Al Omari, O. (2022, September). Nurses' knowledge of anticoagulation therapy for atrial fibrillation patients: Effectiveness of an educational course. In <i>Nursing Forum</i> (Vol. 57, No. 5, pp. 825-832).
70- Rayan, A., Eshah, N., Froelicher, E. (2023). Factors Predicting Dependence on Waterpipe Smoking among Waterpipe Exclusive Smokers. <i>Journal of Addictions Nursing</i> (Accepted for publication).
71- Amro, F. M., Rayan, A. H., Eshah, N. F., & ALBashtawy, M. S. D. (2022). Knowledge, Attitude, and Practices Concerning Covid-19 Preventive Measures Among Healthcare Providers in Jordan. <i>SAGE Open Nursing</i> , 8, 23779608221106422.
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73- Rayan, A., Hussni Al-Ghabeesh, S., & Qarallah, I. (2022). Critical Care Nurses' Attitudes, Roles, and Barriers Regarding Breaking Bad News. <i>SAGE Open Nursing</i> , 8, 23779608221089999
74- Al-Ghabeesh, S. H., Rayan, A., Hattab, F., & Jarrar, Y. (2022). Mindfulness and psychological distress among hemodialysis patients. <i>Psychology, Health & Medicine</i> , 27(4), 917-924.
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78- Al-Hamdan, Z. M., Muhsen, A., Alhamdan, M., Rayan, A., Banyhamdan, K., & Bawadi, H. (2020). Emotional intelligence and intent to stay among nurses employed in Jordanian hospitals. <i>Journal of Nursing Management</i> , 28(2), 351-358.
79- Rayan, A., Fawas, M., & Baker, O. (2020). Attitudes toward Seeking Professional Psychological Help Scale: The Psychometric Properties of the Arabic Version. <i>Journal of Muslim Mental Health</i> , 4 (1), 23-35.
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81- Rayan, A., & Aldaieflih, M. T. (2019). Public stigma toward mental illness and its correlates among patients diagnosed with schizophrenia. <i>Contemporary Nurse</i> , 55(6), 522-532.



82- Al-Hamdan, Z., Adnan Al-Ta'amneh, I., Rayan, A., & Bawadi, H. (2019). The impact of emotional intelligence on conflict management styles used by Jordanian nurse managers. <i>Journal of nursing management</i> , 27(3), 560-566.
83- Rayan, A., & Mo'men SISOAN, O. B. (2019). Stress, workplace violence, and burnout in nurses working in King Abdullah Medical City during Al-Hajj season. <i>The Journal of Nursing Research</i> , 27(3), e26.
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Conferences:



- Nursing Conference (FONC); Trends in nursing at Al-Zaytoonah University of Jordan / May 8-9, 2024/Amman, Jordan (Attendance).
- The Third International Scientific Nursing Conference /Towards improving quality of health care, at Philadelphia University, 21-23/April/2024 / Amman, Jordan (Attendance).
- The Second International Nursing Conference (INC 2023)/Nursing Profession in the Current Era”/ 17-18/5/2023/ Zarqa University /Jordan / Speaker .
- The Second International Nursing Conference (INC 2023)/ Nursing Profession in the Current Era”/ 17-18/5/2023/ Zarqa University /Jordan / Conference Chair .
- Third Scientific Day, Nursing Education During the COVID-19 Pandemic: Lessons Learned and Recommended Strategies/ Faculty of Nursing - Zarqa University 15/3/2022/ Chair .
- The International Nursing Conference – Nurses A Voice to Lead: Investing in Nursing for Health Security (2022). Bahrin (Attendance).
- The first international nursing conference (2016)- Zarqa University/Jordan, a paper entitled: Stress, Anxiety, and Depression Among Jordanian Parents of Children with Autism Spectrum Disorder/ Speaker .
- The first international nursing conference (2016)- Zarqa University/Jordan/ organizing member .
- Participation in two papers at the 2nd World Conference on Health Sciences (H-SCI 2015) in Turkey/ Speaker .
- The MED-HEALTH Final International Conference in Public Health Management and Practice, from 29-30 September 2018 in Hammamet, Tunisia/ Speaker .
- Second Scientific Day, Faculty of Nursing - Zarqa University 15/3/2018/ Session Moderator
- The 2nd International Conference on Psychiatry and Psychiatric Disorders, held from May 2-4, 2016, in Chicago, Illinois, USA. / Speaker
- The Seventh Scientific Day for Hamdi Mango Center for Scientific Research, April 2017, The University of Jordan. Speaker

Supervision of Theses:



List of Postgraduate Students Supervised by 1/1/2026

Remarks	Number of Students	Master	PhD
Supervisor	20	19	1
External Examiner	16	15	1

Community Service Activities

Dedicated to advancing public health and nursing education through outreach, international collaboration, and professional development initiatives that benefit underserved communities and the nursing profession.

International Collaborations & Outreach

- Participated in Erasmus+ International Staff Mobility programs and Scientific Society of Arab Nursing Faculties meetings, fostering global nursing partnerships (Brussels, Belgium 2016; Karelia University, Finland 2018; International Hellenic University, Greece 2024; Egypt 2024; UAE 2024; Bahrain 2022).
- Contributed to MED-HEALTH: The Mediterranean Public Health Alliance (Project No: 561748-EPP-1-2015-PSEPPKA2-CBHE-JP, Erasmus+ funded).
- Collaborated on Joint Queen's University Belfast and Zarqa University Online Student Nursing Symposium: "Exploring Research Innovations in Nursing" (Feb 2025).
- Editorial/Reviewer service for 45+ Web of Science peer reviews across journals including Perspectives in Psychiatric Care, Sage Open Nursing, Nursing in Critical Care, Frontiers of Psychology, and BMC Nursing.

Mentorship & Capacity Building

- Delivered mental health lectures at the National Center for Mental Health; health education for addiction recovery groups.
- Conducted stress management workshops for refugees; mindfulness-based interventions for parents of children with autism.
- Provided psychotherapies and psychiatric counseling for rural communities and university students.
- Organized four open medical days in rural Jordanian areas; led blood donation drives.

Community Health Initiatives

- Coordinated COVID-19 vaccination efforts and student creativity forums; trained students via Health Care Accreditation Council (HCAC) on pandemic education.
- Led stress management training for student support unit (RSOS, Erasmus-funded).
- Participated in accreditation visits, Joint Nursing Council (JNC) professional development, and Jordanian National Qualifications Framework compliance for nursing colleges.

Workshops & Public Education



- Delivered workshops on evidence-based practice, SPSS, professional writing, high-fidelity simulation, publication ethics, addiction, mental health disorders (e.g., schizophrenia, personality disorders), and psychotherapy.
- Facilitated community sessions on mindfulness-based stress reduction and meditation in psychotherapeutic practice

Personal Information

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